

## Editor's Note

---

Good Gentles,

This latest incarnation of our dance manual includes the following additional dances: Contrapasso (from the Chigi ms), Crossed Purposes, Giove, Golden Pavanne, the Health, the North Tower, Rawty de doubus, and Rondo Tutti Battuti (or the 2 500 Pound Canaries Bransle). For this special anniversary edition, Korobushka and Road to the Isles have also been reinstated.

A time signature is listed for each dance near the title of the dance as follows == In 4 ==. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is == In 4 ==, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures – if you notice errors, please send corrections to one of the e-mail addresses listed below.

In an effort to conserve space, but minimize splitting a dance between 2 pages, the dances in each category are not always in precise alphabetical order. Please consult the index if you have trouble finding a particular title. The Almans are listed in the order that the old measures are commonly danced when danced as a set.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a "r" in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

An online version of the Terpsichore dance manual is available online at our website: <http://cynnabar.org/eurodance>.

A big thank you to Aaron Drummond for taking over the technical aspects of publication this year, both for the print and online versions. Thanks also to all who submitted additions and corrections - your assistance is appreciated. Special thanks to Mistress Rosina del Bosco Chiaro and THL James Blackcloak for their respective editorial reviews of the 15th C. Italian and English Country dance sections.

If any errors or variations are noticed in this edition of the book please contact Alina of Foxwood via e-mail at [elainec@comcast.net](mailto:elainec@comcast.net) or Midair MacCormaic at [charlesmidair@gmail.com](mailto:charlesmidair@gmail.com) & we will try to correct them in future versions.

Many Thanks,  
The Barony of Cynnabar

### Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

## Pavannes

---

### Belle Qui (Carolingian) Pavanne (adapted from Arbeau 1589) (Couples in a line) == In 4 ==

L pavanne set fwd; R pavanne set fwd; L set fwd; R set backwd	2;2;2;2
Ly circles Ld using a L pavanne set; R pavanne set	2;2
Ld circles the Ly using a L pavanne set; R pavanne set	2;2

### Earl of Salisbury Pavanne (Mabel Dolmetch, 20<sup>th</sup> C) (Couples in a line) == In 4 ==

P1 L pavanne set forward	2
Side Singles R&L; Double R backward	1;1
P2 L pavanne set forward [end facing with R hands joined]	2
Side Singles R&L; Double R backward [away from partner]	1;1
P3 Singles LR [take R hands] Double L [to ptr's place, end facing]	2
Side Singles R&L; Double R backward [away from partner]	1;1
P4 Singles LR [take R hands] Double L [to orig place, end facing]	2
Side Singles R&L, [end facing up hall]; Double R backward	1;1

### Golden Pavanne (SCA Choreography) (Couples in a line) == In 4 ==

2 Singles & 2 Doubles fwd; Bransle L&R, end facing ptr	3;1
Touching R hands, circle w/ 2 Singles & 1 Double; same back w/ L, end facing up	2;2
2 Singles & 2 Doubles fwd; Bransle L&R, end facing up the hall	3;1
Turn over L shoulder w/ 2 Singles & 1 Double; Same over R shoulder	2;2

### Le Loup Courant Pavanne (SCA Choreography) (Couples in a line) == In 4 ==

V1 Rev; L pavanne set	2;2
Lds P set away from partner; Lys P set to partner, all face down	2;2
P set fwd & out 45°; P set fwd & in 45° & face partner	2;2
P set back from partner; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd	2;2
V2 2 P sets fwd & face; Lys P set away; Lds P set to partner, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face partner	2;2
P set back from partner; P set together & face fwd	2;2
Lds P set fwd; Lys P set fwd	2;2
V3 2 P sets fwd & face; Lds P set away; Lys P set to partner, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face partner	2;2
P set back from partner; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	2;2;2

### Pavanne steps

A pavanne single is a step & close. A pavanne double is 3 steps & close.

A pavanne set is two singles & a double, starting alternating L & R.

A bransle is usually a step apart & together, unless otherwise noted.

<b>Quadran Pavanne</b>	<b>(1570 - 1700)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Sideways 1 single L; Sideways 1 single R; Double L forward	½;½;1
Sideways 1 single R; Sideways 1 single L; Double R backward	½;½;1
Possible Variation: first repeat face forward, second repeat face partner	
<b>Turkelone</b>	<b>(1570 – 1630)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
[2x] - Set L&R; Double L fwd; Double R back	1;1;1
[4x] - Double L fwd; Double R back	1;1
<b>Earl of Essex Measure</b>	<b>(1570 - 1630)</b>
<b>(Couples in a line)</b>	<b>== in 6 ==</b>
[4x] - Double L forward; Single R back	1;½ [4x]
Slow side L; Slow side R	1;1
Double L forward; Double R back	1;½
<b>Tinternell</b>	<b>(1570 – 1630)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Double L fwd; Double R back	1;1
Take R hands & Circle CW: Singles L&R, Double L	1;1
Take L hands & Circle CCW: Singles R&L; Double R	1;1
[3x] - Double L fwd; Double R back	1;1
As above, Take R hands & Circle CW; Take L hands & Circle CCW	2;2
<b>Old Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Doubles LRLR fwd; Take 2 hands & circle CW: Singles L&R; Double L	4;1;1
Circle CCW: Singles R&L; Double R	1;1
<b>Queen's Alman</b>	<b>(1650 - 1700)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Doubles LRLR fwd	4
Double L forward; Double R backward (end facing partner)	1;1
Step L, Step R, Circle LRL (end facing forward)	2
Double R forward; Double L backward (end facing partner)	1;1
Step R, Step L, Circle RLR (end facing forward)	2
<b>Madam Sosilia's Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
[2x] - L single; R single; L double; R single back	½;½;1;½
[2x] - [face partner] Step L; step R; reverence L	½;½;1
[switching places] Single L; single R; double L turning to face	½;½;1
Reverence R; single R; single L; embrace	½;½;½;½

<b>Black Alman</b>	<b>(1605/6)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 Doubles, beginning with L [end facing partner]	4
Double L backing away from partner; Double R toward partner	1;1
[turn to own L] Double L away from partner	1
[turn around] Double R toward partner	1
Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
[take hands with partner] Double L switching places; 4 slides up the hall	1;1
Double L switching places; 4 slides down the hall	1;1
Double L backing away from partner; Double R toward partner	1;1

<b>Lady Layton's Measure</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 6 ==</b>
Honour; Fwd a Double; 2 Singles L; Back a Double	2;2;2;2
2 Singles Fwd & a quick Double Back diagonally R; That again by the L	2;2
[4x] - Slow Single Fwd & Quick Double back	2

<b>Lorayne Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 doubles with a hop fwd; beginning with L	4
[2x] - Double L forward; Double R back;	1;1
Double L forward; Double R circling away	1;1 (2x)

<b>New Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 doubles with a hop fwd; beginning with L [end facing partner]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; reverance	$\frac{1}{2};\frac{1}{2};1;\frac{1}{2};\frac{1}{2};1;1$
Lds step L; Lys step L; All L double forward switching places	$\frac{1}{2};\frac{1}{2};1$
Lys step R; Lds step R; All R double forward switching places	$\frac{1}{2};\frac{1}{2};1$

### Alman Steps

Alman Single - step & pause, with non-leading foot raised.

Alman Double - 3 steps & pause, with non-leading foot raised.

### Bransles

<b>Aridan</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== in 4 ==</b>
[2x] Double L; Kick LRL	1;1[2x]
[2x] Double L; Singles RLR; Double L; Kick LR; Double R	1;1;1;1;1
(DOUBLETIME) Double L, kick across, Single R, kick, pause	1[2x]

<b>Burgundian</b>	<b>(Arbeau,1589)</b>
<b>(Circle)</b>	<b>== in 4 ==</b>
Double L; kick R; Double R; kick L	$1;\frac{1}{2};1;\frac{1}{2}$

## Bransles

---

<b>Candlestick (Torch)</b> (Lds w/ Candles, and Lys along edge of floor)	(Arbeau 1589) == In 4 ==
Lds 8 Alman Doubles (start L) to find a partner	8
Ld 4 Alman Singles (8 in some recorded music) to approach partner	2
Repeat Alman Doubles & Singles, dancing w/ partner	8;2
Repeat, Ly takes torch and finds another partner	8;2
<b>Cassandra</b> (Circle)	(Arbeau 1589) == In 4 ==
[2x] - Double L&R; [2x] - Double L&R; Single L; Double R	2 [2x]; 21;½;1 [2x]
<b>Charlotte</b> (Circle)	(Arbeau,1589) == In 4 ==
[2x] - Double L; Kick LR; Double R	1;½;1[2x]
Double L; Kick LR; Single R; Kick LRL	1;½;½;1
Single L; Kick RLR; Double R	½;1;1
<b>Clogs'</b> (Couples in a line or circle)	(Arbeau 1589) == In 2 ==
[2x] - Double L; Double R	2;2[2x]
Single L, Single R; Lds tap R foot 3 times	2; 1½
Single L, Single R; Lys tap R foot 3 times	2; 1½
<b>Double</b> (Circle)	(Arbeau,1589) == In 4 ==
Double L; Double R; Double L; Single R; Kick LRL	1;1;1;1;1
<b>Haye</b> (Line of as many dancers as will)	(Arbeau,1589) == In 4 ==
[4x] - Single, Single, Double	2[4x]
Doubles to Haye once through the set	varies
<b>Hermit's</b> (Circle)	(Arbeau 1589) == In 4 ==
[2x] Double L&R;	2[2x]
[2x] (1/2 turn CCW ) Kick RLR, feet together	1
(w/ arms crossed & bowing head) Tap toes RLR, feet together	1[2x]
<b>Horses'</b> (Couple holding both hands with each other)	(Arbeau,1589) == In 2 ==
[4x] - Double L; Double R (done by both Ld & Ly alike)	2;2 [4x]
Ld tapR foot 2x, Single R; TurnL (CCW) w/ Double L; Lys same	2;2;4

## Bransles

---

<b>Maltese (Bransle de Malte)</b> <b>(Circle)</b> [2x] - Double L; Single R (moving into the circle) slow singles L&R; fast Singles LRL, kick R (turning & moving out of the circle) single R, kick L, single L, kick R (turning to face into the circle) kick LRL, feet together A caller may indicate actions for the dancers to do as they go in and out of the circle.	<b>(Arbeau 1589)</b> == In 4 == 1;½[2x] ½;½ 1 ½
<b>Montarde</b> <b>(Line of 4 people side by side)</b> 8 singles L (Lmost person weaves through after first time) 1st person turns in 4 kicks; 2nd does same followed by 3 <sup>rd</sup> & 4th	<b>(Arbeau 1589)</b> == In 4 == 4 1;1;1;1
<b>Official</b> <b>(Circle of couples)</b> [2x] - Double L&R (jumping jack style); 6 Singles L (jumping jack style) Kick LR, Lds Lift Lys (no tossing, an assisted lift that stays in place)	<b>(Arbeau 1589)</b> == In 4 == 2;3 1
<b>Pease</b> <b>(Circle of couples)</b> [2x] Double L; Double R (2x) Lds hop, Lys hop; Lds step L & hop 3x; Lys hop, Lds hop; Lys step L & hop 3x	<b>(Arbeau 1589)</b> == In 4 == 1;1[2x] 1;1;1;1
<b>Pinagay</b> <b>(Circle)</b> Double L; Kick L; Double L; Kick LRL; Double L; Double R	<b>(Arbeau 1589)</b> == In 4 == 1;¼; 1;¾; 1;1
<b>Poitou</b> <b>(Circle)</b> 4 slow kicks beginning R; 4 fast kicks begin R, pause. Note: always moves L Alt: 3 slow kicks (RLR); 7 fast kicks beginning L, pause. Note: always moves L	<b>(Arbeau 1589)</b> == In 9 == 4/3;2/3 1;1
<b>Rondo Tutti Battuti</b> <b>or The Two Five Hundred Pound Canaries Bransle</b> <b>(Circle mixer for couples, Lys facing out, Lds in)</b> A Holding both hands, 4 Doubles, starting to Ld's L B Ld 3 Canari LRL, stamp R; Spez L, Canario L, stamp R Lys same	<b>(SCA Choreography)</b> == In 4 == 4 4 4
<b>SCA Maltese (Turkish Bransle)</b> <b>(Circle)</b> [2x] - Double L&R; Snap as go in sideways & Clap 3x; repeat going out	<b>(SCA Choreography)</b> == In 4 == 2[2x];1;1

## **Bransles**

**Scottish/Escosse** (Arbeau 1589)  
(Circle) == In 4 ==  
[2x] - Double L& R; Single L&R 2;1 [2x]  
Double L; Single RL; Double RL; Single R; Kick RLR, Saut & Capriole 1;1;2;½;1

**Simple** (Arbeau 1589)  
(Circle) == In 4 ==  
Double L; Single R. Repeat until end of music 1;½

**Single** (Arbeau 1589)  
(Circle) == In 4 ==  
Double L; Single R; Double L; Kick LRL 1;1;1;1

**Trihory of Brittany** (Arbeau 1589)  
(Circle) == In 4 ==  
Version 1: Double L, end w/ kick L; Spring L, feet together, kick LRL 1;1  
V2: Double L, end w/kick L; Spring L, feet together, on toes point heels RLR  
raising L foot on the last point 1;1  
Repeat either version until end of music or alternate between them

**War** (Arbeau 1589)  
(Circle) == In 4 ==  
[4x] - Double L; Double R 1;1 [4x]  
(fast) D; Dr; Sl; Sr; D; Sr; Sl; Dr; Sl, Kick LRL, Capriole 1;1;1;1;1;1;½,1,½

**Washer Woman's** (Arbeau 1589)  
(Circle of couples) == In 4 ==  
[2x] - Double L; Double R 1;1 [2x]  
(face partner) Singles L&R (Ld scolding); Singles L & R (Ly scolding) 1;1  
(face center) Double L (clapping); Double R 1;1  
Double L (clapping); Kick LRL (turning CCW); Saut Majeur 1;1;1

## **Steps**

Single step sideways & close.  
Double 3 steps sideways & close  
Capriole a small jump, kicking the feet back & forth  
Saut leap – end with feet together

## **Basse Dances – Burgundian/French**

**Alençon** (15<sup>th</sup> C. Brussels Ms)  
(Couples in a line) == In 3 ==  
Rev; Bransle L; Singles L&R; Double L; Riprise R 1;1;1;1  
Singles L&R; Doubles LRL; Singles R&L; Ripreses RLR; Bransle L 1;3;1;3;1  
Singles L&R; Double L; Singles R&L; Ripreses RLR; Bransle L 1;1;1;3;1  
Singles L&R; Doubles LRL; Singles R&L; Ripreses RLR; Bransle L 1;3;1;3;1

## **Basse Dances – Burgundian/French**

---

### **Barcelonne/Le moys de may** (15<sup>th</sup> C. Brussels Ms) (Couples in a line) == In 3 ==

Intro: Rev; Bransle L 1;1  
Singles L&R; 3 Doubles LRL; Singles R&L; Reprises RLR; Bransle L 1;3;1;3;1  
Singles L&R; Double L; Singles R&L; Reprises RLR; Bransle 1;1;1;3;1  
Repeat lines 2 & 3; Rev 16;1

### **Casuelle Nouvelle/Castile la Novele** (Toulouse 1488) (Couples in a line) == In 3 ==

Intro: Reverance; Bransle L 1;1  
P1: Singles L&R; 5 Doubles LRLRL; Reprises RLR; Bransle L 1;5;3;1  
Singles L&R; Double L; Singles R&L; Reprises RLR; Bransle L 1;1;1;3;1  
Repeat P1  
P2 Singles L&R; 3 Doubles LRL; Reprises RLR; Bransle L 1;3;3;1

### **Danse de Cleves** (15<sup>th</sup> C. Brussels Ms) (Couples) == In 3 ==

P1 Reverance; Bransle L 1;1  
Singles L&R; Doubles LRL; Singles R&L; Double R back (drop hands) 1;3;1;1  
P2 Singles L&R; Double L (Ld fwd & back stem as Ly CW petal) 1;1  
Singles R&L; Double R (Ly fwd & back stem as Ld CCW petal) 1;1  
P3 Reverance; Bransle L; Singles L&R; Double L; Double R (half turn) 1;1;1;1;1  
Double L; Singles R&L; Double R (half turn in place) 1;1;1  
P4 Repeat P2 4  
P5 Singles L&R; Doubles LRL; Conge 1;3;1

### **Jouissance Vous Donneray** (Arbeau 1589) (Couples)

Seq Rev; Bransle; Singles L&R; Double L; Riprese; Double L; Riprese; Bransle  
Singles L&R; Doubles LRL; Riprese; Double L Riprese; Bransle  
Singles L&R; Double L; Riprese; Bransle; Conge  
Ret Bransle; Double L; Riprese; Bransle  
Singles L&R; Doubles LRL; Riprese; Double L; Riprese; Bransle

## **Basse Dances - Italian**

---

### **Ginevra Weasley** (Adapted from Guglielmo (Ambrosio) late 15<sup>th</sup> C) (1 Couple) == In 6 ==

P1 Singles LR, Doubles LR, Rev L; Backwd Singles LR, MV R 4;1  
Voltacia (Rip L, Vt (SR, SL), Rip R) 3  
P2 Repeat, going the other way, w/ Ly on L to start 8  
P3 R hands: Singles LR, Double L; L hands: Singles RL, Double R 2;2  
Rev L; Back Singles LR, MV R; Doubles LR, MV R 1;1;2  
P4 Rip L&R; Singles LR, Double L; VdGypsy, Ly MV R; Rip L&R 2;2;2;2  
Repeat dance Ld & Ly exchanging roles & going down the hall.

## Basse Dances - Italian

<b>Coronita Gentile</b>		<b>(Adapted from Guglielmo (Ambrosio))</b>
<b>(Couples facing from across room)</b>		<b>== In 6 ==</b>
V1	Continenze L&R; Sempii L&R; Doppii L&R; RevL PtL, PtR (backwards); MV into RipL; RipR, Continenze L&R; Singles L&R; Doppii L&R MV into Chorus (Ripresa L; VT (2 Sempii R&L), Ripresa R)	1;1;2;1 1;1;1 1;1;2 1;2
V2	Continenze L&R; Sempii L&R; Doppii L&R Continenze L&R; RevL (touching R hands) Pt L&R (backwards) Sempii L&R, Doppii L&R (passing); MV into Chorus	1;1;2 1;1;1 1;2;3
V3	Con L&R; 6 Salt (home); RevL; PTL&R (back); MV into Ch	1;6;1;1;3
V4	Continenze L&R; Doppii L&R; Lds Sempii L&R; Doppii L&R R-hands Sempii L&R; Doppio L; L-hands Sempii R&L; Doppio R (smaller so change sides, facing partner); Chorus	1;2;1;2 2;2 3
V5	Continenze L&R; Lds Sempii L&R; Doppii L&R (back to ptrnr); Ch; Sempii L&R; Doppii L&R; MV into Ch	1;1;2 3;1;2;3

<b>Lauro</b>		<b>(Late 15<sup>th</sup> C Italian manuscripts)</b>
<b>(Couples in a line)</b>		<b>== In 3 ==</b>
	Singles L&R; Doubles L&R; Reverance L	1;2;1
	Reprises L&R; Singles L&R; Double L; Reprise R; Continenze L&R [R hands], Singles L&R; Double L; [L hands] Singles R&L; Double R	2;1;1;1;1 1;1;1;1
	Reprises L&R; Singles L&R; Doubles LR L; VdG; Reverance L	2;1;3;2;1

<b>Mordred's Lullaby</b>		<b>(SCA Choreography)</b>
<b>(1 couple, separated, Ld on L side of hall, Ly on R)</b>		<b>== In 6 ==</b>
Intro	Ld 6 passi (2/ bar) to start position; 1 bar no move Ly 6 passi, end L of Ld (lead pos); 1 bar, Ly takes Ld's hand	3;1 3;1
Hush	Chorus Riprese L&R; 2 Sempii; 3 Doppii; VdG	2;1;3;2
V1	RevL, ¼ turn L, Ly leads Sempii L&R; Doppii L&R, MV Ld leads Sempii L&R; Doppii L&R, Ld MV to face; RevL	1;1;2 1;2;1
C1	Ly circles Ld CW with 4 Doppii starting L	4
V2	Sempii L&R; Doppio L; (Ld back, Ly fwd), VdG Sempii L&R; Doppio L; (Ly back Ld fwd), VT (S R&L DR CW)	1;1;2 1;1;2
C2	R hands, Semp L&R Dop L; L hands, Semp R&L Dop R, Ly MV Hush Chorus	2;2 8
C3	Ly 4 Doppii around Ld CW, as Ld 8 steps CW, inside Ly's circle (End w/ Ly to L of Ld, further apart, do not hold hands)	4
V3	Sempii L&R Dop L&R; Ld Rip L&R as Ly Dop L&R ½ around Ld Sempii L&R; Doppii L&R, Ld backing up, Ly going forward	3;2 1;2
C4	Ly 4 Doppii in CW around Ld; MV, as Ld RipL&R into MV (2x) Hush Chorus (as before, except Ld leading)	4 8
Exit	Ly 4 passi (1/bar), go behind Ld & L (can continue on Ld's music) Ld 4 passi (1/bar), go off R & turn to look at the Ly at the end End in stillness. No Rev	4 4 4

## Basse Dances - Italian

---

<b>Riunione</b>		<b>(SCA Choreography)</b>
<b>(One couple)</b>		<b>== In 6 ==</b>
P1	Continenze L&R; Singles L& R; Ripresa L, Ld starting w/ a MV Singles R&L, passing R shoulders	1;1;1 1
P2	MV into Ripresa R; MV into Ripresa L; Double RLR, MV on last beat Saltarello LR L end L shoulders together (Ly facing down, the hall, Ld up)	1;1;3 3
P3	Reverenza Longa R ; Volta del Gioioso, rotating around each other	2;2
P4	Doubles LRLR in sep CCW circles - end facing other way (Ly up hall, Ld down) Take R hands, Singles L&R, Double L Take L hands, Singles R&L, Double R (End with Ly facing down, Ld up) Reverenza L & drop hands	2 2 1
P5	Riprese Portoguese back L&R; then forwards L; Single R; Pause Riprese L&R, Ly first doing a MV, holding hands Singles L&R; Doubles L R&L; Volta del Gioioso	2;1;½;½ 2 1;3;2

## Italian Balli (15<sup>th</sup> Century)

---

<b>Amoroso</b>		<b>(Ambrosio (Guglielmo) 1475)</b>
<b>(Couples)</b>		<b>== In 4 ==</b>
12 piva (only 8 in some recordings)		12
Ld Singles L&R; Piva, Strutting singles RLR; Ly same to catch up		1;1;1½;3½
Ld Piva LRL, Single R; Lysame to catch up		4;4
Ld Singles L&R Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same		2;2;4;8

<b>L'Amoroso</b>		<b>(Nürnberg Manuscript 1517)</b>
<b>(One Couple, Ld on right)</b>		<b>== In 4 ==</b>
12 piva (only 8 in some recordings)		12
Ld 2 Pive; Ld slow Double; Ly same to catch up		2;1½;3½
Ld 2 Pive, slow Double, Movi; Ly same to catch up		3½;3½
Ld 3 Contrapassi w/ Rip on last, Ld Movi, Ly Rev, Ld Rev, Both Rev		5
Ld 2 Pive, slow Double, Movi		3½
Ly 3 Contrapassi w/ Rip on last, Ly Movi, Ld Rev; Ly Rev; Both Rev		5
Ly 2 Pive, slow Double		3½

<b>Anello</b>		<b>(Domenico 1450)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
Intro	All join hands & circle L with 8 salterelli	8
P1	Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2	Movi [Lds 1st]; Lds turn single; Movi [Lys 1st]; Lys turn single	1;1;1;1
P3	Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4	Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat with Lys leading		

## Italian Balli (15<sup>th</sup> Century)

<b>Belfiore</b> (Set of 3 people)		<b>(Domenico)</b> == In 4 ==
12 slow piva; L dancer double; Middle same; R same		12; 1;1;1
L dancer movimento; Middle same; R same	== In 2 ==	1;1;1
L dancer Voltatonda (in a double); Middle same; R same	== In 4 ==	1;1;1
L dancer 3 piva behind to R place; Middle same; R same	== In 6 ==	3;3;3
L & R dancers trade w/ a double (L behind, R in front)		2
Middle 4 piva CCW around new R dancer & behind new L dancer to L position		4
Repeat dance 2x to arrive in beginning positions		

<b>Belreguardo</b> (Couples)		<b>(Domenico)</b> == In 6 ==
11 Saltarelli; Doubles LRLR; Contrapassi LLL; Singles R&L		11;4;2;1
Contrapassi RRR; Rip L&R		2;2
Saltarelli L&R; Rip L&R; Repeat		2;2;4
Singles L&R; Double L, Rev R; Rip R; Con L&R; Rev		1;1;1;1;1

### **La Chirintana** (Siena manuscript) (line of couples)

**I:Process:** Continenze L&R, Double L, Continenza R. Repeat til music changes - rest of the dance is in Pive.

**II:The Snake Hay:** C1, Ld leading Ly, leads to L, passing btwn C2 & C3. Once C1 has passed C2, Ld2 leads Ly2 to follow C1. Each couple follows, forming a long snake. Once C1 reaches the end of the line, they stop, leaving room for C2 to continue between them & the end couple. Each "lead" couple does this in turn, til the line resets.

**III: The In and Out Hay:** Once the Snake hay is near completion, C1 pivots as a couple, holding hands, to face down the set. and starts a Hey for Couples, continuing until have returned to their orig positions.

**IV: Circling:** Ld1 calls, "circle" & ALL couples take R hands & circle in 4 Pive. Then take L hands & do 4 Pive in the opposite direction.

**V: The Brigomania** (Piva line dance):The column of couples forms a long line, Ly1 taking Ld2's hands, Ly2 Taking Ld3's hand, etc., with Ld 1 leading the line, using Pive. Ld1's job is to gallivant about the hall, leading the line like a snake, in serpentine movements, but NOT to try & tangle the line until it stops moving.

### **Colonnese** (Guglielmo (Ambrosio) 1463) (Line of 3 couples)

16 Salterelli		16
C1 still, as C2 R hands - Sing L&R, Double L; L hands - Sing R&L, Double R; RevL, as C3 weave to top with Sing L&R, 4 Doubles, Ld ends on R; repeat 2x		5;10
Ld around partner CCW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR (== In 2 ==)		3;3
Movimenti (Ld, then Ly), Double R back, Doube L fwd & face front (== In 4 ==)		3
Repeat dance, roles reversed		

## Italian Balli (15<sup>th</sup> Century)

### Fia Giuelmina

(Domenico 1450)

#### (One Couple)

P1	Ted L&R, drop hands, Ly MV; Singles L&R	== In 4/4 ==	2;1
	Rip R (angle away), face ptrn; Double R, Ld MV; repeat, Ld no MV		1;1;5
P2	Singles L&R (changing place, 1/4 circle); Rev L	== In 6/4 ==	1;1
P3	Singles L&R; Double L&R w/ MV	== In 6/4 ==	1;2
	Rip L w/ MV, Rip R; Double L&R w/ MV; Rev L		2;2;1
P4	Ly Double L, Movi; Ld Double L, Movi	== In 4/4 ==	1;1
	Ly Double L, Movi; Ld Single L, Movi, Ly Single L, Movi; VT (Salt L CW)		1;1;1
P5	Ly Pive LRLR (VT CW); Both Pive L&R;	== In 6/8 ==	4;2
	Pive LRLR w/R Hands, Ly MV		4

### Gelosia

(Domenico 1450)

#### (Line of 3 couples)

== In 4 ==

8	Saltarelli		8
Ld1	3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1	1½;½;1	
Ld1	3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2	1½;½;1	
Ld1	Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands with new ptrn	1;4	
C1	double away in circle, end facing; C2 the same; C3 the same	1;1;1	
	Take R hands with partner, exchange places in Single L, R, L	1½	
	Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R	1½	
	Repeat dance 2 times, until each Ld returns to original place		

### Gioioso in Tre

(Guglielmo (Ambrosio) late 15<sup>th</sup> C)

#### (1 Ly standing between 2 Lds)

== In 6 ==

P1	Rip L&R; Ly single L&R; Arm L w/ Ld1 in Doubles L&R to place	2;1;2	
	Repeat Rip & Arming, but Ly arms R with Ld2	5	
P2	Rip L&R; Lds switch, pass L in front of Ly in Singles L&R, Doubles L&R	2;3	
	Repeat Rip & Switching	5	
P3	Rip L&R; Singles L&R; Double L;	2;1;1	
	Ly Rip R&L as Lds VT (doubles R&L); VdG; Repeat	2;2;8	
P4	16 Saltarelli	16	
P5	(musically in 6)	== In 4 to dance ==	
	Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly	1;1;1;1	
	Movi (Ly 1 <sup>st</sup> ); Ly double & turn; Movi (Lds 1 <sup>st</sup> ); Lds double to join & turn	1;1;1;1	

### Graziosa

(Guglielmo (Ambrosio) 1463)

#### (Couples)

== In 4 ==

Both	TedL R L, Ld DR ½ around W; Both TedL R L, Ly DR to place on R	4;4	
Ld	TedL&R, Singles L&R, Double L; Ly same	4;4	
SL, SR, DL, DR,	Ld fwd, Ly ½ fwd, then back to start	== In 6 ==	3
MvR (no time), RipL, RipR, RevL			3
SL, SR, DL, DR,	Ly fwd, Ld meets her, then goes beside		3
Hands RipL, RipR, RevL			3
Circling = take R hands, PivL R L; L hands, PivR, L, R		== In 4 ==	3;3
Movimenti (M, then W); Both DL Back, DR fwd			1;2

**Italian Balli (15<sup>th</sup> Century)****Giove****(Domenico 1450)****(for 3 in column, ideally Ld, Ly, Ld)****== In 4 ==**

P1	Ted LRL, VdG (= In 6 =); repeat	3; 2
P2	Doubles RLR in 1/2 hey, leader & center starting w/ R hands	== In 6 == 3
	Singles L&R, Double L fwd	2
	Doubles RLR in 1/2 hey, last & center starting w/ R hands	3
	Singles L&R, Double L fwd	2
P3	Leader MV L w/ a hop to face down as others hop onto R	== In 3 ==
	Contrapassi LL, Leader weaves to bottom passing Center by L and Last by R, Leader & Center edning w/ MV L	3
	Contrapassi LL, Center weaves to the bottom the same way	3
	Contrapassi LL, Last weaves to the bottom the same way, end w/ all facing up 3	
P4	Salt L&R fwd; Center still as Leader & Last Salt LR to switch places CW	2;2
	Leader & Last stand still as Center VdG (= In 6 =); Repeat	2;6
P5	Leader MV R & Riv L w/ center, touching R hands	== In 6 == 1
	Centr MV R & Riv L w/ Last, touch R hands, Centr & Leader MV to face fwd	1

**Leoncello Novo****(Domenico 1450)****(1 Ly standing between 2 Lds)****== In 4 ==**

	2 Saltarelli; Ly Double L, Lds Double L; Ly Double R, Lds Double R	2;2;2
	Ly circle Lds (in Fig 8) starting to L w/ 3 Pive, 1 Single, 3 Pive, 1 Single	4
	Lds 2 Saltarelli; VT in 4 steps; Lys 2 Saltarelli; MV	2;1;3
	All 3 Contrapassi fwd, MV; 3 Contrapassi fwd, MV	2;2
	Ly Double L; Lds same; Ly Double R; Lds same, MV (all, to face)	== In 6 == 1;1;1;1
	All Riprese L&R; Con L&R, Rev; Ly Double L; Lds same	2;2;1;1
	Ly Double R; Lds same, MV (Lds only); All Rev; Ly Movi, Lds Movi	1;1;1;1

**Leoncello Vecchio****(Domenico 1450)****(Couples)****== In 4 ==**

	6 salterelli	6
	Movi (Ld then Ly); Ld Salt to R of Ly; Repeat (exchanging roles)	1;1;2
	Ld 4 Singles & 1 Double away; Ly same; Ld 3 quick Doubles away; Ly same	3;3;2;2
	Ld 2 Singles & 2 Doubles away; Ly same to join	== In 6 == 3;3
	(both) Riprese L&R; 2 Singles; 2 Doubles; Riprese L&R; Movi (Ld then Ly)	2;1;2;2;2

**Marchesana****(Domenico 1450)****(Couples)****== In 4 ==**

	8 salterelli	8
	Ld stamp LRL; then Double R; Ly stamp LR L; then Double R	1;1;1;1
	Hold hands - Rip L&R (drop hands)	== In 6 == 2
	R hands - circle with Singles L&R; Double L drop hands; RipR; Same w/ L	1;1;1;3
	Doubles L&R fwd, passing L shoulders & turn to face	2
	Rip L&R; Continenza L&R; Ld Rev; Ly Rev	2;1;1;1
	Movimenti (Ld then Ly); Both Double L fwd	== In 4 == 1;1
	Movimenti (Ly then Ld); Both Double R fwd (end w/ R shoulders together)	1;1
	Double L turning (Ly VT & Ld MV) to face same way, Ly on L (next repeat, Ly leads)	1

## Italian Balli (15<sup>th</sup> Century)

<b>Mercantia</b>	<b>(Domenico 1450)</b>
(Ly with 3 Lds A w/ Ly, B behind A, C behind Ly)	== In 6 ==
11 Saltarelli; B & C separate with 6 MRip (== In 4 ==)	11;6
Ly MV in Double L; A Double LRL	== In 6 == 4
B to Ly in Singles L&R, Double L, touch R hands;	2
B Singles R&L Double R & MV, as Ly Volta del Gioioso	2
C repeats what B did, Ly also repeating the Volta del Gioioso; A turns around	4; ½
B & C switch places with SaltL&R, end side by side	2
A Salt L&R, ending behind & to L of Ly; Ly turns as A RipR	== In 4 == 2; ½
A & Ly Rev L; All Con R&L	== In 6 == 1;1
A & C switch places in Singles R&L, Double R, as B & Ly Volta del Gioioso	2
A is now B, B is C & C is A. Repeat dance twice more	

<b>Petit Vriens</b>	<b>(Ambrosio (Guglielmo) 1475)</b>
(Set of 3 people)	== In 6 ==
16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	== In 4 to dance ==
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL backwards, fanning out; DR forward back to place	1;1
RipL; RipR; VT (DL going CCW)	½;½;1

<b>Petite Rose</b>	<b>(Domenico 1450)</b>
(couples)	== In 6 ==
16 Pive, holding hands	16
Ld Movi; Ly Movi; Ld VT w/ a Double L(CCW)	1;1;2
Ly Movi; Ld Movi; Ly VT w/ a Double L(CCW)	1;1;2
Double L fwd; Singles R&L back, switch feet; Repeat 2x	2;1;1
Saltarelli L&R away and back to ptrnr	2;2
The lead alternates between the Ld & Ly on subsequent repeats.	

<b>Pizocara</b>	<b>(Domenico 1450)</b>
(Line of 4 couples)	== In 6 ==
12 Pive; Lds circle partner with 4 Pive; Lys same	12;4;4
Lds RevR, All RipR, holding hands	2
Lds SL, SR, 11 Doppii, weaving through Lys & end to R of partner	12
Lys Rev L; All Rip L, holding hands	2
Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of partner	10
C1 separate with 2 MRip, then other Cs 4 Pive	2;4
C2 separate with 2 MRip, then Cs 3 & 4 do 4 Pive	2;4
C3 separate with 2 MRip, then C4 does 4 Piva	2;4
Repeat the dance, with C4 leading	

## Italian Balli (15<sup>th</sup> Century)

<b>Prexonera</b>	<b>(Domenico 1450)</b>
<b>(couples)</b>	<b>== In 6/4 ==</b>
Con L&R; Singles LRL, Double R; Rev; Repeat	1;2;1;1;5
Ld Singles L&R; Contrapassi L&L, curve L to face Ly; Ly same (end apart to L)	1;2;3
Both Singles L&R; Con L&R; Repeat whole seq w/ Ly starting	1;1;8
8 piva (Ld grabbing Ly's hand, Ly following behind)	8
Ld Movi (jump twd Ly); Ly Respond (jump away); 4 passiti, Ld chasing Ly	1;1;2
Ly Movi (jump twd Ld); Ld Respond (jump away); 4 passiti, Ly chasing Ld	1;1;2
4 Saltarelli; Repeat dance w/ Ly leading contrapasso & piva sequences	4;46

<b>Rosina</b>	<b>(Based on Ambrosio (Guglielmo) 1475)</b>
<b>(3 people, one of one gender in center, 2 of other on sides)</b>	<b>== In 4 ==</b>
1 Double L&R, MV; Double L&R, MV	2;2
Center Single L&R, Double L; Sides Single R&L, Double R	2;2
2 Center turns, All Double L&R, MV & Rip L&R	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
3 Single L&R, Double L fwd, Double R backward, Rev L	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
4 Center & Side to their R = take R hands & circle w/ 4 Pive	4
Center & other Side take L hands & circle w/ 4 Pive	4
Hey with 8 Pive, Center & R Side start by passing R shoulders	8

<b>Rostiboli Gioioso</b>	<b>(Guglielmo (Ambrosio) 1463)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
P1 Reprise L&R; Ld Singles L&R; Doubles L&R	2;1;2
(Ld MV) All Reprise L & R; Ld Singles L&R; Doubles L&R home	2;1;2
Repeat above with Ly going out & back	10
P2 Reprise L&R; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3 16 Salterelli	16
P4 (musically in 6)	<b>== In 4 to dance ==</b>
Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld	1;1;1;1
Repeat; Repeat entire dance, roles reversed	4

<b>Spero</b>	<b>(Domenico 1450)</b>
<b>(Set of 3 people)</b>	<b>== In 4 ==</b>
P1 4 Salted, beat Fwd	4
P2 Center Sempii L&R, Doppio L	2
Ends Sempii R&L, Doppio R as Center MV w/ a Doppio R	2
P3 2 Salted, beat to side, MV	2
P4 Approach & Pass Center Betw in 4 Salt, MV R; Rip L&R	<b>== In 6 ==</b> 4; 2
P5 Rev L, Sempio L back; approach w/ Rip Portugalese RLR, ends MV R	1;3
Rip L; VT w/ Sepmi R&L, Rip R; Rev L	12;1
P6 Center & R End: Take R hands & circle in Piva LRL	<b>== In 4 ==</b> 3
Center & L Take L hands & circle in Piva RLR; Center Movi; Ends Movi	3;1;1
Center VT in Doppio L; Ends same; Repeat dance	2;2

## Italian Balli (15<sup>th</sup> Century)

<b>Tesara</b>		<b>(Domenico 1450)</b>
<b>(4 couples in a line plus 1 shuttle at each end)</b>		<b>== In 6 ==</b>
P1	8 Saltarelli, starting L	8
P2	Couples separate in Meza Rip, shuttle A MV to face B A&B 4 Piva to switch (pass R), MV; C's switch 4 Meza Rip (Lds in front) Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2	1 4;2 4;11
P3	B take C4's ribbons & lead to front in 4 doppi w/ close & side cut A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R A lead C3 to front (as B led C4);ü A&B switch & B return to bottom as before	12 2;3 12;5
P4	B take C2to front (holding ribbons) w/ Saltarelli LRL A&B R hands & switch in Saltarello R; A to bottom in Saltarelli L&R, MV R A lead C1 to front (as B led C2); A&B switch & B return to bottom as before	3 1;2 3;3
P5	C1&C4 switch w/ ptrn in Doppio & form ribbon arch; A&B Doppio under arch C2&C3 switch w/ ptrn in Doppio & form ribbon arch; A&B under arch & meet Repeat w/ C2&C3; Repeat w/ C1&C4	1;1 1;1 2;2
P6	A&B switch under arches in 4 piva, passing R shoulders, MV R Couples drop partner's ribbon; Lds MV to face down as Lys face up	4 1
P7	Hey A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position A&B always start to L of 1 <sup>st</sup> stationary person (inside), Ld & Ly to R Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1	4 4 12
P8	Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds MV CCW in doppio L; Lys same	4;1;1
<b>Vercepe</b>		<b>(Domenico 1450)</b>
<b>(3 Lords &amp; 2 Ladies)</b>		<b>== In 6 ==</b>
I	1 bar no movement; 11 Saltarelli, starting R	12
II	Ld2 & Ld3 Doppio LR, circling CCW halfway round Ly in front of him Ld2 & Ld3 Contrapasso LL, continuing to circle, switch weight to L foot Ld2 & Ld3 Rip R to orig places, moving on a curve; Lys VdG Lys circle Lds in front of them with same steps Lds used; Lds VdG	2 1½ 1;2 4½;2
III	Contrapasso LLL, MV; repeat Ld MV (Step L, R CCW)	<b>== In 4 ==</b> 2;2 ½
IV	Ld1 & Ld3 Hop on R foot Ld1 & Ld3 exchange places in 4 Saltarelli starting L, weaving among other 3 (Ld1 to R of Ly1, L of Ld2, R of Ly2, then to end as Ld 3 to L of Ly2, R of Ld2, L of Ly1, then to front) Ld1 ends w/ MV R	<b>== In 6 ==</b> 1 4
V	Ly1 Doppio RLR, moving CW halfway round Ld 2 to Ly2's place as Ly2 Doppio LRL moving CW into Ly1's place Ld1 & Ld3 Hop on L foot; Ld1 & Ld3 Saltarelli RLR circling nearest Ly CW Ly1 Doppio LRL, moving CW to orig place as Ly2 Doppio RLR moving CW into orig place Ld2 Hop on R foot; Ld2 Saltarelli LRL circling Ly1 CCW	2 1;2 2 1;2
VI	Lds Movi, Lys Movi; Lds VT (4 steps starting L CCW) Lys Movi, Lds Movi; Lys VT (4 steps starting L CCW)	<b>== In 4 ==</b> 1;1 1;1

## Italian Balli (15<sup>th</sup> Century)

---

<b>Vita di Cholino</b>		<b>(Giovanninio)</b>
<b>(Ly between 2 Lds)</b>		<b>== In 4 ==</b>
V1	Con L&R; Ly Singles L&R, MV R, as Lds Singles L&R back; RipL&R	1;1;2
Ch	Ly & Ld to her R Rev; Ly & Ld to L Rev; VT CW in Double R	1;1;1
V2	Ly & Ld to R take R hands & circle in Doubles L&R	2
	Ly & Ld to L take L hands & circle in Doubles L&R; Repeat Ch	2;3
V3	Doubles L&R (passing ea other), MV R; Rip L&R; Repeat Ch	2;2;3
V4	Zig Zag past in Doubles LRL, MV L; Double R together	3;1
	Repeat Chorus touching hand while Rev (R hand w/ Ld1, L w/ Ld2)	3
V5	Hey in 8 pive, Ly starting and passing Ld to R by R	4
	Repeat Chorus, but Lds replace VT w/ Double R, MV (end in line)	3

<b>Vite de Colei</b>		<b>(Nürnberg Manuscript 1517)</b>
<b>(One Couple, Ld on right)</b>		<b>== In 4 ==</b>
V1	8 Pive fwd, Ly turning to face Ld on the last	4
Ch	(holding both hands) Ld Rev; Ly Rev; Both VT	1;1;1
V2	8 Pive fwd, Ld turning to face Ly on the last	4
	Repeat Chorus, Ly Rev first	3
V3	Ld fwd 2 Doubles, Rip w/ MV; Return w/ same (no MV)	2;2
	Repeat Ch, Ld Rev first	3
V4	Ly same as Ld in V3; Repeat Chorus, Ly Rev fist	4;3
V5	R hands, circle CW w/ 4 Pive; L hands, circle CCW w/ 4 Pive	2;2
	Repeat Chorus, Ld Rev first	3

## Steps for 15th Century Italian Dance

---

Continenza (Con) - Shift weight to side, with bit of rise. Half bar.

Contrapasso - 4 steps, bending knee on first step

Doppio (Double) - 3 steps.

Passetino (PT) - a small step

Passo - an unornamented step

Piva - 3 steps, the 2nd cutting under first (ie place it under heel)

Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)

Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.

Movimento (Movi) (Shosso/Scosetto) - Rise on toes, directing attention at partner.

Reverance (Rev) - Kneel on knee given.

Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.

Ripresa Portogalese (RipPort) - Rip on the diagonal (45 degree angle)

Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.

Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.

Sempio (Single) - step forward on foot given, on first beat. Half bar.

Volta tonda (VT) full turn - steps specified in each dance

Volta del Gioioso (VdG) - A small circle CCW, done with 2 sempii & a MV with a ripresa.

Takes 2 bars in 6/4, as follows SR doing quarter turn CCW, SL doing quarter turn CCW, MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

## Italian Balli (16<sup>th</sup> Century & later)

<b>Allegrezza d'Amore</b>		<b>(Caroso 1600)</b>
<b>(3 People in a Circle)</b>		<b>== In 3 ==</b>
P1	(Take hands) Riverenza; (Drop hands) Saffici LR, flanking back	4;4
	Doppii Minimi (or Seguiti Semidoppii) L then R	4;4
	Seguiti Battuti del Canario L&R (Leader first, then to R)	6
	Seguiti Spezzati L&R, flanking forward	4
	Ripresa L, Fioretto L; Ripresa R, Fioretto R	2;2
	Trabuchetti L&R, Saffice L; Trabuchetti R&L, Saffice R	4;4
P2	Fioretti L&R; Trabuchetti L&R; Scorsi L, changing places	2;2;4
	Fioretti R&L; Trabuchetti R&L; Scorsi R, changing back	2;2;4
	Seguiti Battuti del Canario L&R (Leader first, then to R)	6
	Seguiti Spezzati L&R, turning L; Passi L&R; Saffice L, flanking back	4;2;2
	Seguiti Spezzati R&L, turning R; Passi R&L; Saffice R, flanking back	4;2;2
P3	Seguiti Spezzati (chain, eight to get back to place)	16
	Battuti di Piede LRLR (Leader first, then to R)	6
	Fioretti LR, Trabuchetti L&R; Ripresa L, Fioretto L; Ripresa R, Fioretto R	4;2;2
	Puntati LR; Saffice LR, flanking back	4;4
P4	Fioretti L&R, Trab L&R; Doppio Minimo (or Seguito Semidoppio) L to L	4;4
	Fioretti R&L, Trab R&L; Doppio Minimo (or Seguito Semidoppio) R to R	4;4
	Seguiti Battuti del Canario L&R (Leader first, then to R)	6
	Passi Puntati L&R (Leader first, then to R), changing places; Riverenza	12;4

<b>Altezza d'Amore</b>		<b>(Caroso 1600)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
P1	Riverenza; Continenze L&R; Groppo L; Fioretti L&R	1;1;1/2;1/2
	Seg Semidoppio L; Groppo R; Fioretti R&L; Seg Semidoppio R	1;1/2;1/2;1
	Trab L&R; Seg Spez L; Trab R&L; Seg Spez R	1/2;1/2;1/2;1/2
	4 Seg Scorsi LRLR (separating in S shape); Trab L&R	2;1/2
P2	Ld 4 variations L; Ly 4 variations R; Ld 4 vars R; Ly 4 vars R	4;4;4;4
	easy galliard variation Seq Ord L&R flanking; Trab L&R; Seg Finto L	2;1;1
	(complex var Groppo L; Fioretti L&R; Passi Minimi L&R backwards	1/2;1/2;1/2)
	Fioretti L&R; Passi Minimi L&R forward; Trab L&R	1/2;1/2;1/2
	Mezza Riverenza; Sottopiede L; Cadenza L	1/4; 1/2; 1/4
P3	Spez Alterati L&R; Fioretti L&R; Saffice L; same starting R	1;1/2;1/2;2
	Spez L&R (turning L); Seg Batt al Canario L R L; Stamp R&L	1;1;1/2;1/2
	Spez R&L (turning R); Seg Batt al Canario R L R; Stamp L&R	1;1;1/2;1/2
	Groppo L; Fioretti L&R; Spez Puntato L w/ Mezza Reverenza	1/2;1/2;1
	Same starting R; Trab L&R	2;1/2
P4	Ld Stamp LR; Seg Canario L; Stamp RLR; Seg Can L; Ly same 1/2;1/2;1/2;1/2;2	
	Ld Stamp RL; Seg Canario R; Stamp LRL; Seg Can R; Ly same 1/2;1/2;1/2;1/2;2	
	Passo Puntato L; Mezza Riv; Passo Puntato R; Mezza Riv	1/2;1/2;1/2;1/2
	Ld Trab L&R; Saffice L (flanking out); Ly do same	1/2;1/2;1/2;1/2
	Ld Trab R&L; Saffice R (flanking out); Ly do same	1/2;1/2;1/2;1/2
	Seg Spez L&R (turning L); Passi Minimi L&R; Saffice L (flanking in)	1;1/2;1/2
	Same starting R; Passi Puntati L&R; Riverenza	2;1;1

## Italian Balli (16<sup>th</sup> Century & later)

---

<b>Alta Regina</b>		<b>(Caroso 1581)</b>
<b>(One Couple, facing)</b>		<b>== In 3 ==</b>
V1	Rev; Scam L; Spez R&L to switch; Turn Single L: Spez R ,Cad	4;4;4;4
Ch:	Facing, Puntate L fwd & R back; Turn Single L: Spez L, Cad	4;4
V2	Spez LRLR in CW wheel; Facing, Scam L&R ; Repeat Chorus	2;2;2
V3	Ld: Passi fwd L&R , Cad L ; Passi back R&L, Cad R; Trab LRLR; Turn Single L: Spez, L Cad; All repeat chorus	4;4;4 4;8
V4	Ly do as Ld did in V3; All repeat chorus	16;8
V5	Trab LRLR; Doppio L; Trab RLRL; Doppio R; Repeat Chorus	4;4;4;4;8
V6	Rip LL, Trab LR; Doppio L; Rip RR, Trab RL, Doppio R; Chorus	4;4;4;4;8

<b>Ballo del Fiore (for 2)</b>		<b>(Caroso 1581)</b>
<b>(Lds with Flowers &amp; Lys along edge of floor)</b>		<b>== In 4 ==</b>
Intro	Lds only Riverenza; 2 SegOrd turning in place	2;2
V1	Lds 4 SegOrd to face a partner; 2 Continenze, Riverenza	4;4
V2	Together, fwd, 2 SegOrd; 2 Scorsi; (facing) 2 Con, Riverenza	2;2;4
V3	2 SegOrd turning; 2 SegOrd pass ptrn & face; 2 Continenze, Riverenza	2;2;4
V4	4 SegOrd –zigzag to ptrn; 2 Continenze, Riverenza, Ld kiss & pass flower	4;4
Repeat verses 1-4 with the Ly seeking a new Ld		

<b>Ballo del Fiore (for 3)</b>		<b>(Caroso 1581)</b>
Open:	Lds (holding flower) Riv; Con L&R	2;2
P1	Lds Passi LR; SegOrd L; Passi RL, SegOrd R to Ly; Con LR; Riv 2 bars rest; Both Riv; SegOrd LRLR; Con L&R; Riv facing	1;1;1;1;2;2 2;2;4;2;2
P2	Lds Riverenza; Con L&R; Passi L&R; SegOrd L Lds Passi R&L; SegOrdR to meet new Ly; Con L&R; Rev; rest Both Riverenza; SegOrd LRLR to meet Ly1, place Ly2 to R, form triangle Con L&R, Riverenza	2;2;1;1 1;1;2;2;2 2;4 2;2
P3	SegOrd L&R turning L; SegOrd L CW ( in wheel); SegOrd R CCW Con L&R; Riv	2;1;1 2;2
P4	SegOrdL&R to meet, Ld in middle, Ld doffs hat; Scorsi L&R to invert set Puntate L fwd & R back; Riv	2;2 2;2
P5	SegOrd L&R into smaller circle; Riv Ld & Ly1 R hands: Passi L&R, SegOrd L; R hands: Passi R&L, SegOrd R Ld & Ly2 R hands: Passi L&R, SegOrd L; R hands: Passi R&L, SegOrd R Con L&R; Riv	2;2 2;2 2;2 2;2
P6	Hey in 4 Scorsi; Con L&R; Riv, giving flower to Ly 1	4;2;2
P7	Ld & Ly2r 4 SegOrd tog as Ly1 same to find new Ld; Con L&R; Riv	4;2;2

## Italian Balli (16<sup>th</sup> Century & later)

<b>Bella Gioiosa</b>		<b>(Caroso 1581)</b>
<b>(3 people in circle)</b>		<b>== In 6 ==</b>
V1	Take hands & Riv w/ jump; Trab LR LR & drop hands	2;2
	Turn single L Spez L&R; Passi L&R; Cadenza	2;1;1
	Face L in wheel Spez LRLR; Scambiate L&R	4;4
Ch	Leader turn L in Spez L, Cadenza; #2 (to R of Leader) same; #3 same	2 (3x)
V2	Leader Passi L&R; Cadenza; Trab LRLR or Canario LRLRL	1;1;2
	(Leader only) Rip L&L, Trab L&R; (turn L in) Spez L; Cadenza	1;1;1;1
	Joust all L side in Spez L fwd; Spez R back; Spez L&R to switch	1;1;2
	L side in Spez L fwd; Spez R back; Spez L&R to switch; Chorus	1;1;2;6
V3	Verse 2 with #2 (to R of Leader) as Leader; Chorus w/#2 leading	16;6
V4	Verse 2 with #3 as Leader; Chorus w/ #3 leading	16;6
V5	Face L in wheel Seg Semidoppio L&R; Rip L&L; Trab L&R	4;1;1
	Turn single L Spez L; Cadenza	1;1
	Face R in wheel Seg Semidoppio R&L; Rip R&R; Trab R&L	4;1;1
	Turn single R Spez R; Cadenza; Chorus (w/ orig leader)	1;1;6
V6	Fioretti a pie pari L&R; Passi L&R (back)	1;1
	Spez L&R (change places, leader pass between)	2
	Fioretti a pie pari R&L; Passi R&L (back)	1;1
	Spez R&L (change places, leader pass between)	2
	Chain w/ 6 Seg Spez (leader between then L)	6
	Passi L&R; Cadenza; repeat Chorus	1;1;6
V7	4 Trab LRLR; 4 Seg Batt del Canario LRLR	2;2
	Rip L&L; Trab L&R; (turn L in) Spez L; Cadenza	1;1;1;1
	4 Trab RLRL; 4 Seg Batt del Canario RLRL	2;2
	Rip R&R; Trab R&L; (turn R in) Spez R; Cadenza; Chorus	1;1;1;1;6
<b>Chiara Stella</b>		<b>(Caroso 1581)</b>
<b>(Couples, Ld facing Ly)</b>		<b>== In 6 ==</b>
V1:	Hold R hands, rev; drop hands, 8 spez in CW wheel, starting L	2;8
	Scambiata & cadenza L, landing to face partner	2
Ch:	4 Trab LRLR; Passi trangati L&R flanking back	2;2
	Rip LL; Trab LR; turn in Spez L, Cad	1;1;2
	Rip RR; Trab RL; turn in Spez R, Cad	1;1;2
V2:	Ld's solo: Spez L&R flanking fwd; Singles L&R fwd; Trab L&R	2;1;1
	Turn in Spez L, Cad; Repeat starting R	2;6
	Repeat Chorus (both)	12
V3:	Ly's solo: Lys do as Lds did in V2	12
	Repeat Chorus	12
V4:	Take R hands, Singles LR; Trab LR; Rip LL, Trab LR	1;1;2
	Drop hands, Turn L in Spez L, Cad	2
	Take L hands, Singles RL; Trab RL; Rip RR, Trab RL	1;1;2
	Drop hands, Turn R in Spez R, Cad; Repeat Chorus.	2;12

## Italian Balli (16<sup>th</sup> Century & later)

<b>Il Bianco Fiore</b>		<b>(Negri 1602)</b>
<b>(2 couples in a diamond)</b>		<b>== In 6 ==</b>
V1:	Rev; Con L&R; Figure 8: turn L in Ord L&R, then R in Ord L&R	2;2;4
	Lords: Passi (grave) L&R to center; Ord L; Turning R; Spez R&L; Ord R	2;1;1
	Ladies: Passi (grave) L&R to center; Ord L; Turning R; Spez R&L; Ord R	2;1;1
Ch:	3 Sottopiede L, Cad L, Trab R; Ord L turning L	1;1
	3 Sottopiede R, Cad R, Trab L; Ord R turning R	1;1
V2:	Lord s: Spez LRLR in CCW loop around partner; Ord L&R turning R	2;2
	Ladies: Spez LRLR in CCW loop around partner; Ord L&R turning R	2;2
	Lords: 4 measures of Galliard	4
	Ladies: Snub seq; Ord L to center; Rip R away; Ord R&L to center & back	1;1;2
Repeat Chorus		
V3:	Circle with partner (R hands) in 2 Ordinari; counter circle L in 2 Ordinari	2;2
	Circle with corner (L hands) in 2 Ordinari; counter circle R in 2 Ordinari	2;2
	Lords: 4 measures of Galliard; Ladies: 4 measures of Galliard	4;4
Repeat Chorus		
V4:	Grand R&L: Start R hands with ptrn & switch in Ord L; do 3 more switches	1;3
	Keeping L hands with corner, complete the turn with Ord L	1
	Take R hands with ptrn & switch in Ord R; continue with 2 more switches	1;2
	All do 4 measures of Galliard	4
	Fioretti L&R; turn L in Ord L; Fioretti R&L; turn R in Ord R	1;1;1;1
Repeat Chorus		
<b>Bizzaria d'Amore</b>		<b>(Negri 1602)</b>
<b>(2 couples in a diamond)</b>		<b>== In 4 ==</b>
Verse 1	Lds Reverance; 2 Sottopiede L & 2 Sottopiede R; Lys same	4;4;8
Chorus	Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	1;1;2;1;1;2
	Spez L&R backward at 45 deg to R; SegOrd to place	1;1;2
	Spez R&L backward at 45 deg to L; SegOrd to place	1;1;2
Verse 2	Lds Exchange places (pass R shoulders) Spez L&R; SegOrd L	2;2
	Counter circle in Spez R&L; SegOrd R; Lys same, but pass L	2;2;8
Repeat Chorus		
Verse 3	Circle w/ partner (R hands) in 2 SegOrd; counter circle in 2 SegOrd	4;4
	Circle w/ corner (L hands) in 2 SegOrd; counter circle in 2 SegOrd	4;4
Repeat Chorus		
Verse 4	Lds Exchange places (R hands) in SpezL&R; SegOrd L	2;2
	Counter circle in Spez R&L; SegOrd R; Lys same but L hands	2;2;8
Repeat Chorus		
Verse 5	R hands w/ partner, SegOrd L to switch; L hands, SegOrd R to place	2;2
	Counter circle in SegOrd L&R	4
	L hands w/ corner, SegOrd L to switch; R hands, SegOrd R to place	2;2
	Counter circle in 2 SegOrd; repeat chorus	4;16
Verse 6	R hands w/ partner, circle in 2 SegOrd	4
	Grand R&L (L to corner 1 <sup>st</sup> ) in 4 SegOrd; L hands w/corner, 2 SegOrd	8;4
Repeat Chorus		

## Italian Balli (16<sup>th</sup> Century & later)

### Brando di Cales (Negri 1602) == In 6 ==

- P1 C1 Reverance (grave); Rip L&R; 1;1  
Passi L&R, Seguito grave L turning L; Passi R&L, Seguito grave R turning R 1;1  
C2 do the same; C3 do the same 4;4
- P2 Saltini a pie pari L&R 1  
Take R hands w/partner & circle in 5 Battute (stamps); Galliard turning L 1 $\frac{1}{4}$ ;  $\frac{3}{4}$   
Take L hands w/partner & circle in 5 Battute (stamps); Galliard turning R 1 $\frac{1}{4}$ ;  $\frac{3}{4}$
- P3 Lds Passi L&R, SegGrave L (fwd); Circle to place Passi R&L, SegGrave R 1;1  
Lys do the same 2
- P4 C1 Spez L&R, SegOrd L fwd; Spez R&L, SegOrd R back 1;1  
C1 Rev breve to corner, then partner; 2 Saltini a pie pari 1;1  
C1 SegOrd L&R fwd; drop hands, turn L to place in SegOrd R&L 1;1  
C2 do the same; C3 do the same 6;6
- P5 Hands in circle – 4 Rip L; Saltino; 4 Rip R; Saltino 2; $\frac{1}{2}$ ; 2; $\frac{1}{2}$
- P6 Lds SegOrd to pass partner inside to face on other side, take hands; saltino 1; $\frac{1}{2}$   
Lds SegOrd inside CCW to face next Ly on other side; saltino; repeat 1; $\frac{1}{2}$ ; 1; $\frac{1}{2}$
- P7 Hands in circle; 4 Rip L; Saltino; 4 Rip R; Saltino 2; $\frac{1}{2}$ ; 2; $\frac{1}{2}$   
Lys SegOrd to pass partner inside to face on other side, take hands; saltino 1; $\frac{1}{2}$   
Lys SegOrd inside CW to face next Ld on other side; saltino; repeat 1; $\frac{1}{2}$ ; 1; $\frac{1}{2}$

### Candida Luna (Caroso 1581) == In 3 ==

- V1 Rev; Trab LRLR; Spez LR in wheel; Tum in Spez L, Cadenza 4;4;4;4
- Ch Spez sideways L & honor; Spez R; & honor 4;4  
Trangi L&R diag back; Rip L&L, Trab L to place 4;4  
Spez sideways R & honor; Spez L; & honor 4;4  
Trangi R&L diag back; Rip R&R, Trab R to place 4;4  
Rip L&L, Trab L&R; (Turn over L sh) Spez L, Cad R 4;4  
Rip R&R, Trab R&L; (Turn over R sh) Spez R, Cad L 4;4
- V2 Take R hands & Spez LR; Trab LRLR; Take L hands & same 4;4;8  
Repeat Chorus 48
- V3 Tum L & Passi LR, Cad; Tum R & same; Trab LRLR; Tum in Spez L, Cad 4;4;4;4  
Repeat Chorus 48

### La Castellana (Caroso 1581) == In 3 ==

- V1 Rev; (in wheel) Spez LRLR; (turn over L sh) Spez LR 4;8;4
- Ch Flank fwd & back w/ Putate L&R; Trab LRLR; Spez L & rev; Spez R; & rev 4;4;4;4  
Rip L&L, Trab L&R; (Turn over L sh) Spez L, Cad R 4;4  
Rip R&R, Trab R&L; (Turn over R sh) Spez R, Cad L 4;4
- V2 Spez L&R to switch w/ R hands; Spez L&R to curl L 4;4  
Spez L&R to switch w/ L hands; Spez L&R to curl R; Repeat Chorus 4;4;32
- V3 (in wheel) Passi L&R, Cad L; Rip R&R, Trab R&L 4;4  
Passi R&L, Cad R; Rip L&L, Trab L&R; repeat Chorus 4;4;32

## Italian Balli (16<sup>th</sup> Century & later)

<b>Chiaranzana</b>	<b>(Caroso 1581)</b>
<b>(Couples in a line)</b> (Sequences, (S), then Patterns (P))	<b>== in 3 ==</b>
S1: Riverenza; Continenze L&R; Puntata L fwd & Puntata R back	4;4;4
S2: Passi L&R, Seg Ord L; Passi R&L back, Riprese RR; Con L&R	4;4;4
S3: Take hands, Passi L&R, Seg Ord L CW; Passi R&L, Seg Ord R CCW	4;4
Take R hands, Spez L, Mezza Rev; Take L hands Spez R, Mezza Rev	2;2
P1: (Procession) - S1:1x; S2: any number of times	
P2: (Pass-Through) - Use S2: C1 convert; C1&C2 take hands; C1 pass-through; C1 & C3 take hands while C2 convert; Continue until C1 at head of set	
P3: (Casting) - Cast around w/ Spezzati	
P4: (Reel) - Use S3: C1 cross-over take hands w/C2; Continue til C1 at head of set	
P5: (Exit) Spezzati around floor; Spezzati off floor; Rev	

<b>Contentezza d'Amore (Il Ballarino)</b>	<b>(Caroso 1581)</b>
<b>(Couples)</b>	<b>== in 4 ==</b>
V1 Take hands, Rev; Con L&R; 4 Rip in circle L, then R	4;4;4;4
Con L&R; Reverance, drop hands	4;4
V2 Ly away from ptrn Puntate L&R; Single L&R; Double L; Puntate R&L	4;2;2;4
Single R&L; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev;	2;2;4;4
V3 Ld join ptrn in same steps; Both facing head Puntata L fwd & R back; Rev	16;4;4
V4 Ly pass front of Ld in 1/2 circle Single L&R, Double L; Single R&L, Double R	4;4
Ld pass Ly in half circle with same steps; Puntata L fwd & R back; Rev	8;4;4
V5 Take hands & switch Puntate L&R; 6 Doubles to back of the hall, & face	4;12
Together Puntata L forward, Puntata R backward; Reverance	4;4
V6 Take L hands & 2 Spez to switch; 6 Spez up the hall	<b>== in 3 ==</b> 4;12
Take hands & 8 Rip in a circle L, then R; drop hands & 4 Trab; Rev	8;8;4;4

<b>Contentezza d'Amore (Nobiltà di Dame)</b>	<b>(Caroso 1600)</b>
<b>(Couples)</b>	<b>== in 4 ==</b>
V1 Take hands, Rev; Con L&R; Cicle CW in 2 Rip, 2 Trab, SegOrd L	4;4;4
Circle CCW in 2 Rip, 2 Trab, SegOrd R; Con L&R; Rev, take ord hands	4;4;4
V2 Up the hall: Puntate LR; Passi LR, SegOrd L; Puntate RL	4;4;4
Passi RL, SegOrd L; (Facing) Trab LR; Trab LRL; Con RL	4; 2;2;4
V3 Down the hall: Puntate RL; Passi RL, SegOrd R; Puntate LR	4;4;4
Passi LR, SegOrd R; (Facing) Trab RL; Trab RLR; Con LR	4;2;2;4
V4 Take R hands, SegOrd LR CW; Curl L, SegOrd LR	4;4
Puntate LR (twd ptrn); SegOrd LR flanking	4;4
Trab LR; Destice L, Puntate RL	2;2;4
V5 Take L hands, SegOrd RL CCW; Curl R, SegOrd RL	4;4
Puntate RL (twd ptrn); SegOrd RL flanking	4;4
Trab RL; Destice R, Puntate LR	2;2;4
V6 Take both hands, Spez LR CW; Curl L in Passi LR, Spez L	<b>== in 3 ==</b> 4;4
Take both hands, Spez RL CCW; Curl R in Passi RL, Spez R	4;4
Facing: RipLL, Trab LR; Passi LR, Saffice L	4;4
Rip RR, Trab RL; Passi RL, Saffice R; Puntate LR; Rev	4;4;4;4

## Italian Balli (16<sup>th</sup> Century & later)

<b>Il Conto dell 'Orco</b>		<b>(Caroso 1581)</b>
<b>(1 couple, facing)</b>		<b>== in 4 ==</b>
V1	Rev; SegOrd LRL in wheel to change places	2;3
Ch	Trab RLR; Trang flanking back LR; Turn L in Spez L, Cad	1;1;1
V2	Seg Ord LRLRL circling to starting place; repeat Ch	5;3
V3	Ld Doppio L; Passi RL diagonal back; Trab RL; Slow Rip RR; Chorus	2;1;1;1;3
V4	Ly same as Lds in V3	8
V5	Turn L: Passi gravi LR, SegOrd L; Turn R: Passi Gravi RL, SegOrd R	2;2
	Face: quick Doppio L; Repeat Ch; Rev	1;3

<b>Contrapasso</b>		<b>(Chigi Manuscripts, c1560's)</b>
<b>(Circle of Couples)</b>		<b>== in 6 ==</b>
V1	Rev; Con L&R; Turn L & Passi L&R, SdgOrd L; Passi R&L, SegOrd R	4;4;4;4
V2	R hands w/ptnr & Passi L&R, Doppio L; L hands Passi R&L, Doppio R	4;4
	Indiv figure 8 Turn L in SegOrd L&R; Turn R in SegOrd L&R	4;4
V3	Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4	Repeat V2, taking 2 hands. all figure 8	16
V5	Hey in 8 SegOrd, starting R hands w/ptnr, then move around circle	16
V6	Face ptnr & Rev; Con L&R; All figure 8	4;4;8
V7	Lds back Lys up Passi L&R, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8	Lds Rev L; Lys Rev L; all figure 8; Rev	4;4;8

<b>Contrapasso in Due</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== in 6 ==</b>
V1	Rev L; Con L&R; Passi L&R, Doppio L; back Passi R&L, Rip R&R	4;4;4;4
	Passi R&L, Doppio R; back Passi L&R, Rip L&L	4;4
V2	R hands w/ptnr & Passi L&R, Doppio L; L hands Passi R&L, Doppio R	4;4
	Indiv figure 8 Turn L in SegOrd L&R, M Rev; Turn R in SegOrd L&R	4;4
V3	Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4	Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (4 SegOrd)	16
V5	Take hands w/ ptnr & 8 SegOrd, starting L (12 in some music)	16
V6	Face ptnr & Rev L; Con L&R; All figure 8	4;4;8
V7	Lds back Lys up Passi L&R, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8	Lds Rev L; Lys Rev L; Lys figure 8 as Lds flank back & fwd	4;4;8

<b>Dolce Amorosa Fiamma</b>		<b>(Caroso 1581)</b>
<b>(3 couples in a line) (Based on <i>Dolce Amoroso Fuoco</i>)</b>		<b>== In 4 ==</b>
V1	(Face head of hall) Rev; Con L&R; 2 SegOrd; 2 Scorsi - pass R & curl L	2;2;2;2
	2 SegOrd fwd; 2 Scorsi - pass L & curl R; (face ptnr); Con L&R; Rev	2;2;2;2
V2	Lds Spez L&R to partner, Trab LRL; Spez R&L to place, Trab RLR	2;2;2;2
	All Con L&R, Rev; Lys same as Lds above; All Con L&R, Rev	2;2;8;2;2
V3	C1 begin grand R&L by giving R hands (1 SegOrd per exchange)	8
	Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	2;2;2;2

## Italian Balli (16<sup>th</sup> Century & later)

<b>Donna Leggiadra</b>		<b>(Caroso 1600)</b>
<b>(1 couple)</b>		<b>== In 4 ==</b>
P1	Rev; (circle L) Spez LRLR; Saffice L&R; Puntato L fwd & R back Rip L&L, Trab L&R; Double L, Singles R&L	1;2;1;1 1;1
P2	(circleR) Spez RLRLRL; Saffice R&L; Puntato R fwd & R back Rip R&R, Trab R&L; Double R, Singles L&R	3;1;1 1;1
P3	Lds Fioretti L&R, Trab L&R; Spez Puntato L (to L), Mezza Rev Fioretti R&L, Trab R&L; Spez Puntato R (to R), Mezza Rev Puntato L fwd & R back; Seg Semidoppio L&R (to L then R)	1;1 1;1 1;2
P4	Lys same steps as Lds did in P3	7
P5	Take R hands & Passi L&R; Seg Semidoppio L (circling CW) Take L hands & Passi R&L; Seg Semidoppio R (circling CCW) Puntato L fwd & R back; Rev grave	1;1 1;1 1;2

<b>Fedelta</b>		<b>(Caroso 1581)</b>
<b>(couples in a circle)</b>		<b>== In 3 ==</b>
V1-2	Rev; Spez LRLR (CW wheel); Passi L&R; Cadenza Spez RLRLRL (CCW wheel); Passi R&L; Cadenza	4;8;2;2 12;2;2
Ch	Lds turn L in Ordinario L, Cadenza; Lys same	4;4
V3-4	R hands w/ partner & Seg Semidoppio L&R (circling to place) Face partner & Rip L&L; Trab L&R; Turn L in Spez L, Cadenza L hands w/ partner & Seg Semidoppio R&L (circling to place) Face partner & Rip R&R; Trab R&L; Turn R in Spez R, Cadenza	8 2;2;4 8 2;2;4
Repeat Chorus		4;4
V5	Semidoppio L to L & R to R; Passi LR, Cad into circle; Passi RL, Cad out Scambiate L&R; Rip L&L; Trab L&R; Turn L in Spez L, Cadenza	8;8 8;2;2;4
Repeat Chorus		4;4

<b>Fiamma d'Amore</b>		<b>(Caroso 1581)</b>
<b>(one couple, facing)</b>		<b>== In 3 ==</b>
V1	Spez L, Rev; Spez R, Rev; Spez L&R to switch in CW wheel Trab LRLR; Spez LRLR in CW wheel; Scambiate L&R	4;4;4 4;8;8
Ch	Puntata L back, hop; Puntata R back, hop Spez L, turning over L shoulder, Cadenza	3;3 4
V2	Lds only: Spez LRL, Rev; Spez RLR, Rev Rip L&L, Trab L&R (flank back L); Passi L&R, Cadenza (return to ptrn) Rip R&R, Trab R&L (flank back R); Passi R&L, Cadenza (return to ptrn)	8;8 4;4 4;4
Repeat Chorus		3
V3	Lys do what Lds did in V2	32
Repeat Chorus		3
V4	Spiral in CW, Spez L&R, SemiDoppio L; CCW Spez R&L SemiDoppio R Rip L&L, Trab L&R (flank back L); Spez L & Rev (return & touch hands) Rip R&R, Trab R&L (flank back R); Spez R & Rev (return & touch hands)	8;8 4;4 4;4
Repeat Chorus		3

## Italian Balli (16<sup>th</sup> Century & later)

<b>Fedelta d'Amore</b>		<b>(Negri 1602)</b>
<b>(Ly between 2 Lds)</b>		<b>== In 4 ==</b>
P1	Rev; Rip L&R; Seg L&R turning L; Seg L&R turning R	2;2;2;2
	Twd foot of hall Take hands & Spez L&R; Seg L	1;1
	Spez R&L; Seg R & turn to face head of hall	1;1
	8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8
	Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2;2
	Mid Ld does same w/ Ld on L	4
P2	4 Seg to head of hall & turn to face foot	4
	Sottopiede L&L; Trab L&R; Seguito, turning L	½;½;1
	Sottopiede R&R; Trab R&L; Seguito, turning R	½;½;1
	8 Spez grave (haye, as before); 8 galliards, as before	8;8
P3	Twd foot of hall 2 Spez; Seg; 2 Spez; Seg (& face head)	1;1;1;1
	Rip L&R; Seg L&R, turning L	2;2
	8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8;8
P4	Seg L&R, Ly fwd, Lds turning L, end facing in triangle; Rip L&R	2;2
	Seg L&R circling L; Seg L&R fwd, turn L & to place; same, but turn R	2;2;2
	Trab presti L&R; Rip L; Trab presti R&L; Rip R; Seg L&R, circling L	1;1;1;1;2
(in 6)	Ly Passi fwd & back flat, fwd high, Cad; Rip R&L; Galliard turning R	1;1;1
	Lds Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1
	Lds 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2/3
	Lds Sottopiede L, Battuta R, Passo fwd, Cad L	5/6
P5	Spez L&R, Seg Ly circling L, Lds coming fwd to meet Ly	2
	Spez R&L, Seg, to head of hall, all turning L	2
	Rip L&R; Seg L&R, turning L; 4 scorsi in haye (Ly to orig place); Rev	2;2;4;2

<b>Fulgente Stella</b>		<b>(Caroso 1581)</b>
<b>(one couple or two couples)</b>		<b>== In 6 ==</b>
P1	Rev; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	In CW Wheel, Spez LRLR; Scambiate L&R	4;4
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2
P2	Ld: Passi L&R, Cad; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	1 couple: L hand w/ptnr & Spez L&R to switch; turn R in Passi LR, Cad	2;2
	R hand w/ptnr & Spez L&R to switch; turn L in Passi LR Cad	2;2
	2 couple: Sameas for 1 couple, but start w/ R hand, then L	8
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2
P3	Ly do what Lord did in P2 and together do same braiding and end	24
	In 2 couple version, Ly dances with the Ld on her right	
P4	Trab LRLR; Seg Semidoppio L; Trab RLRL; Seg Semidoppio R	2;2;2;2
	Spez L & honor; Spez R & honor; Passi LRLR flanked back	2;2;4
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2

## Italian Balli (16<sup>th</sup> Century & later)

<b>Furioso</b>		<b>(Caroso 1581)</b>
	<b>(three couples)</b>	<b>== In 4 ==</b>
P1	Rev; Con L&R;	4;4
P2	Mid C. meet SegOrd L&R, MezzaRev; switch w/ 2 Scorsi End C.'s same; Mirror haye (Lds R, Lys L) w/ 1 extra pass in 4 Scorsi	4;4 8;8
P3	Repeat P2 w/ new Mid C.; Repeat P2 w/ new Mid C.	24;24
P4	Rev; Con L&R; Lds haye in 8 Spez; Lys haye in 8 Spez	4;4;16
P5	Rev; 2 Scorsi to form circle; 8 Rip L; Indiv Fig 8's in 4 Spez 8 Rip R; Indiv Fig 8's (as in Contrapasso)	4;4;8;8 8;8
P6	Lds Rev; Lys Rev; Spez L&R (turning L); 4 Spez to start; Rev	4;4;4;8;4
<b>Gentilezza D'Amore</b>		<b>(Caroso 1581)</b>
	<b>(one couple)</b>	<b>== In 4 ==</b>
P1	Rev;Spez L, Cadenza, turning over L shoulder Spez L&R in CW wheel; Trab LRLR (turning to face) Tranghi L&R, flanking fwd; Spez L, Cadenza, turning over L shoulder Tranghi R&L, flanking fwd; Spez R, Cadenza, turning over R shoulder	1;1 1;1 1;1 1;1
P2	In CW Wheel: Passi L&R; Trab L&R; Spez L&R; repeat to finish wheel ½;½;1; 2 Scambiate L&R; Rip L&L; Trab L&R; Spez L, Cadenza, turning over L	2;½;½;1
P3	Ld: Passi L&R, Spez L; Trab RLRL; back:Passi R&L, Spez R; Trab LRLR1;1;1;1 Both: Trangati L&R flanking back; Passi L&R, Cad fwd; repeat start R	1;1;2
P4	Repeat P3, with the Ly doing the Ld's solo part	8
P5	Seg Semidoppio L to L & R to R; Trab LRLR; Spez L, Cad turning L Trangati L&R flanking back; Passi L&R, Cad fwd; repeat start R; Rev	2;1;1 1;1;2;1
<b>Gracca Amorosa</b>		<b>(Caroso 1581)</b>
	<b>(one couple)</b>	<b>== In 6 ==</b>
V1	Rev; Spez L&R to switch; curl CCW in Spez L&R to face; Trab LRLR Spez sideways L & honor; Spez R; & honor	2;2;2;2 2;2
Ch	Spez L away from partner; Spez R away; 3 Rip & Trab all to L Spez R away from partner; Spez L away; 3 Rip & Trab all to R	1;1;2 1;1;2
V2	circle CW with Spez LRLR to place; Trab LRLR curl CCW with Spez L&R to face; Scam L&R; Repeat ch	4;2 2;4;8
V3	Ld approaches with Spez L&R diagonally fwd; Ld Trab LRLR Ld curl to in Spez L&R; Ld Trab LRLR facing partner Ld Passo L & honor; Ld Passo R & honor; All repeat ch	2;2 2;2 2;2;8
V4	as v3, with genders reversed; All repeat ch	12;8
V5	SegOrd L; Rip RR, Trab RL; SegOrd R; Rip LL, Trab LR Step fwd & touch R hands; Step R & touch L hands; Repeat ch	4;4 2;2;8

## Italian Balli (16<sup>th</sup> Century & later)

---

<b>Il Gratoso</b>	<b>(Negri, 1602)</b>
<b>(Ly between 2 Lyds)</b>	<b>== in 6==</b>
P1: Rev; Barbell: Ly RipMin L&R as Lds SegOrd L&R over L sh	4;4
Hands around, Passi L&R; SegOrd over L; Passi R&L; SegOrd over R	2;2;2;2
Hay: RLd: 4 SegOrd to L of Ly, pass between Ly & Ld, around Ld's place & end middle as Ly & Ld 4 spez to switch (Ly in front) & 2 SegOrd over L; Rev	8;4
Repeat; Repeat Hay (w/o Rev Grave)	12;8
P2: Rev Grave; Triangle: Ly SegOrd fwd & over L sh as Lds 2 SegOrd over L	4;4
Ly: RipMin L&R as Lds: take R hands & switch w/ 2 Passi Grave & 1 SegOrd over L sh	4
Ly: 2 SegOrd over L sh as Lds exchange w/ L hands & turn R	4
All: in CW wheel, 3 SegOrd; 1 SegOrd turning over L sh	6;2
In CCW wheel, 3 SegOrd; 1 SegOrd turning over R sh	6;2
P3: Rev Grave; Ly 2 SegOrd over L as Lds 2 SegOrd back to line	4;4
Rip L&R; 1 SO over L sh; Rip R&L; 1 SegOrd over R sh	2;2;2;2
Hay: 6 Scorsi, - to start, Ly and LLd exchange w/ 1 Scorsi	
Then LLd & RLd, etc. until back to original place; Rev Grave	12;4

<b>Griffoné d'Oro (A Lieta Vita)</b>	<b>(SCA Choreography)</b>
<b>(one couple)</b>	<b>== in 3==</b>
P1 Rev; Seg Semidoppio L, turn L; Spez R&L to switch; Seg Sem R, turn R	4;4;4;4
Ld Spez L&R (flanking back); Ly Spez L&R (flanking back)	4;4
Seg Semidoppio L, turning L; Seg Semidoppio R to place	4;4
P2 Ld Spez L&R to partner; Seg Semidoppio L turning to place	4;4
Spez R&L to partner; Seg Semidoppio R turning to place	4;4
Spez LRLR back& fwd in diamond; Seg Semidoppio L, turn L; All Rev	4;4;4;4
P3 Ly Spez L&R to partner; Seg Semidoppio L turning to place	4;4
Spez R&L to partner; Seg Semidoppio R turning to place	4;4
Spez L&R flanking back; Spez L&R flank fwd; Seg Semidoppio L, turn L	4;4;4
P4 Ld Spez L&R flanking back; Ly same; Both Seg Semidoppio L, turning L	4;4;4
Seg Semidoppio R to place	4
P5 Take R hands & Spez L&R to switch; Seg Semidoppio L, turning L	4;4
Take L hands & Spez R&L to switch; Seg Semidoppio R, turning R	4;4
Spez L&R flanking back; Spez L&R flanking fwd (end w/ L shoulders)	4;4
Seg Semidoppio L, turning L; Rev	4;4

## Italian Balli (16<sup>th</sup> Century & later)

<b>Laccio d'Amore</b>		<b>(Caroso 1581)</b>
<b>(one couple)</b>		<b>== in 4 ==</b>
V1	Rev; Face L in wheel Spez LRLR; Face ptr Trab LRLR	1;2;1
	Spez L&R flanking back; turning L, Spez L, Cad R; Same starting R	1;1;2
V2	Ld's solo Passi L&R, Trab L&R; turning L, Spez L, Cad R	1;1
	Passi R&L, Trab R&L; turning R, Spez R, Cad L	1;1
	Take R hands & Spez L&R; Passi L&R, Cad L, Same w/L	1;1;2
V3	Ly's solo same as Ld's solo	8
V4	Fioretti a pie pari L&R, Passi L&R (flank bck); Seg Semidoppio L (turn L)	1;1
	Fioretti a pie pari R&L, Passi R&L (flank bck); Seg Semidoppio R (turn R)	1;1
	Passi L&R, Batt di Piedi L&R; Spez L&R (flank bck)	1;1
	Rip L&L, Trab L&R; (turning L) Spez L, Cad R	1;1
<b>Leggiadria d'Amore</b>		<b>(Caroso 1581)</b>
<b>(Ld between two Lys)</b>		<b>== in 2 ==</b>
P1:	Riverenza; Continenze L&R; Seg Ord L&R, turning L	2;2;2
P2:	3 Seg Ord LRL; Seg Ord R, turning R	3;1
	Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P3:	Ld Seg Ord LR; Seg Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P4:	Lys Seg Ord LR; Seg Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P5:	3 Scorsi Hey; Trab RLR; Spez L, Passi RL, Cad; Batt di Camp RR, Trab R3;1;1;1	
P6:	Take hands Passi LR, Seg Ord L CW; Passi RL, Seg Ord R CCW	2;2
	Drop hands Spez LR, flanking back; Trab LR	1;1
P7:	Seg Ord L fwd; Seg Ord R back; Seg Ord L, turning L; Trab RLR	1;1;1;1
	Ld Seg Ord LR, turning L 1-½ times, while Lys Scorsi LR; Rev	2
<b>Maraviglia d'Amore</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== in 3 ==</b>
P1	Take R hands, Spez L to L, Rev; Rip RR; Trab RL; Repeat to R	4;2;2;8
	Spez LR, circling L; Trab LRLR; Scambiate LR	4;4;2
	Out L: Rip LL; Trab LR; Spiral in Passi LR, Cadenza; Repeat to R	2;2;4;8
P2	Ld Spez LR, flank back; Trab LRLR; Spez LR, turning L; Passi LR, Cad	4;4;4;4
	Both Trab LRLR; Spez L to L, Rev; Repeat to R	4;4;8
	Passi LR back; Trangato L fwd; Spez RL, turning R; Repeat to R	2;2;4;8
P3	(Ly Solo – See P2)	48
P4	In CW Wheel Passi LR; Spez L; Repeat tCCW, starting R; Scamb LR	2;2;4;8
	Fioretti pari LR; Passi LR back; Spez LR, clap R hands; Repeat to R	2;2;4;8
	Trab LRLR; Spez L, turning, Cadenza; Repeat to R; Rev	4;4;4;4

## Italian Balli (16<sup>th</sup> Century & later)

<b>Spagnoletta Regolata</b>		<b>(Caroso 1600)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
V1	(face forward) Reverance; 4 Spezzati LRLR; 4 Passi LRLR	2;4;2
	(face partner) 2 Reprise L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Reprise R, Treb R&L; Seg Semidoppio R (in CW circle)	2;2
Chorus	Spez L (flank back L), Spez R (flank back R); Seg Semidoppio L to ptrnr	2;2
	Spez R (flankback R), Spez L (flank back L); Seg Semidoppio R to ptrnr	2;2
V2	Repeat Verse 1, replacing Rev w/ 2 Spezzati (6 Spez total)	16
	Repeat Chorus	8
V3	(Ld's Solo) (face ptrnr) Spez L&R, Passi L&R (in CCW circle); Saffice L	2;1;1
	Spez R&L, Passi R&L (turning in CW circle); Saffice R	2;1;1
	2 Sotto L, Treb L&R, Corinto L; 2 Sotto R, Treb R&L, Corinto R	2;2;2;2
	Repeat Chorus	12
V4	Repeat Verse 3, but as Ly's solo	16
	Repeat Chorus	12
V5	(face fwd) Passi L&R; Treb LR Saffice L; Passi RL; Treb RL Saffice R	2;2;2;2
	(face partner) 2 Sottopiede L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Sottopiede R, Treb R&L; Seg Semidoppio R (CW circle)	2;2
Final Ch	Saffice L (flank back L); Saffice R (flank back R); Spezi L&R ( to ptrnr)	1;1;2
	Saffice R (flank back R); Saffice L (flank back L); Puntati R&L (to ptrnr)	1;1;2
	Reverance	2

<b>Lo Spagnoletto</b>		<b>(Negri 1602)</b>
<b>(2 Couples)</b>		<b>== In 6 ==</b>
V1	Rev w/ jump; Sequito L around circle, Spez L & R, Sequito L	2;2;2;2
Cha	3 Sottopiede L, Cadenza L, Trab R; Sequito L turning L	2;2
	3 Sottopiede R, Cadenza R, Trab L; Sequito R turning R	2;2
Chb	Passi L&R backward; Sequito L forward to place	2;2
	Passi R&L backward; Sequito R to place	2;2
V2	Lys 2 Passi (grave) L&R; Sequito L to other's place (turn to face)	2;2
	Spez R&L; Sequito R back to place	2;2
Cha	Lys only; Chb everone	8;8
V3	Lds same solo as Lys in V2	8
Cha	Lds only; Chb everyone	8;8
V4	(In wheel L) Spez L&R; Sequito L; Spez R&L; Sequito R	2;2;2;2
Ch	Everyone does both parts	16
V5	Lys turn L and Passi L&R; Trab L&R; Sequito L	1;1;2
	Return to place in Passi R&L; Trab R&L; Sequito R	1;1;2
Cha	Lys only; Chb everone	8;8
V6	Lds same solo as Lys in V5	8
Cha	Lds only; Chb everyone	8;8
V7	(R hands w/partner) Spez L&R; Sequito L turning L	2;2
	(L hands w/contrary) Spez R&L; Sequito R turning R	2;2
Ch	Everyone does both parts	16

## Italian Balli (16<sup>th</sup> Century & later)

<b>Torneo Amoro</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>==In 2==</b>
P1	(Fwd) Rev; Con LR; Puntate LR; Doppio L; Repeat w/R Seg Ord LRLR	4;4;4;4 8
Ch	(Drop hands & face) Rip LLRR; Passi LR (flanking) Seg Ord L (back)	4;2 2
	Rip RRLL; (change places w/) Passi RL; Seg Ord R	4;2;2
P2	(Fwd) Punt L (Ld); Punt L (Ly); Punt R (Ld); Punt R (Ly) Seg Ord LR (flanking Ld); Seg Ord LR (flanking Ly) Repeat above 2 lines	1;1;1;1 4;4 12
Chorus		
P3	Repeat part 2 w/ Ly moving first each time	
Chorus		(next part) <b>==In 6==</b>
P4	Rev; Spez LR (turn L); Spez LRLR (away) (Face) Spez Scorsi LL* (strike R hands); Spez LR (away) Repeat (strike L) Spez LRLR (flanking); Trab LRLR (strike opposite hands) (Take hands) Rev (next part ==In 3==)	2;2;4 2;2 2;2;4 4;2 2
P5	(Face) Seg Ord LRLR (flanking back); Seg Ord LRLR (Figure 8) Seg Ord LRLR (change places); Seg Ord LRLR (flanking fwd) Ly Figure 8 as Ld: Seg Ord LR (turn L) & Seg Ord (to Ly); Rev	8;8 8;8 8
<b>Villanico</b>		<b>(Negri 1602)</b>
<b>(2 Lds &amp; 2 Lys in a square)</b>		<b>== In 4 ==</b>
V1	Riverenza; SegOrd LRL	2;3
Ch	Passi RLR, Passo L w/ hop, turning R: Spez R&L, SegOrd R w/ Cad	1;2
V2	5 SegOrd LRLRL in CW wheel Repeat chorus	5 3
V3	(Lds only) 2 Passi (grave) L&R to center; SegOrd L Puntato R back turn L hip to center; Con L&R; Rip R, Cad to face	1;1 1;1;1
Lds only Repeat chorus		
V4	Lds do what Lds did in V3	8
Lys only Repeat chorus		
V5	Ld1: Take R hands w/Ly on R & SegOrd L&R, Drop hands SegOrd L&R, turning L; Rip LLRR; SegOrd L&R, turning L Ld1: Take R hands w/Ly on L & SegOrd L&R, Drop hands SegOrd L&R, turning L; SegOrd L&R to Ly & back; SegOrd L&R, turning L2;2;2	2 2;2;2 2 2;2;2
V6	Ly1 repeats V5 (w/ Ld on R, then L)	16
V7	Ld2 repeats V5	16
V8	Ly2 repeats V5	16
V9	All repeat V5 together, begin w/ ptrn	16
V10	In CW wheel: Passi L&R, SegOrd L; CCW: Passi R&L, SegOrd R	2;2
V11	All together Repeat V3	5
Repeat Chorus		
For a shorter version of the dance, skip V5-V8		

## Italian Balli (16<sup>th</sup> Century & later)

---

Villanella	(Caroso 1581)
(one or more couples)	== In 3 ==
V1 Facing ptrnr, Riv; Con L&R; SegOrd L&R fwd; Con L, Rip R&R	4;4;4;4
V2 Fwd Passi L&R, SegOrd L; Passi RL, SegOrd R; Con L, Rip R&R; Riv	4;4;4;4
V3 Ld in front of Ly to her R: Passi L&R, SegOrd L; Passi R&L, SegOrd R	4;4
Together: Con L, Rip R&R; Riv	4;4
V4 Repeat, beginning with Ly passing in front Ld to his R	16
V5 Cast off to face down hall in Passi L&R, Seg OrdL; Cast off to face up the hall in Passi R&L, SegOrdR; Con L, Rip R&R; Riv	4
V6 Fast Spez L&R to switch w/ R hands; Spez LR to curl L	4;4
Spez LR to switch w/ L hands; Spez LR to curl R; Con L, Rip RR; Riv	2;2
	2;2;4;4

## Steps for 16<sup>th</sup> Century Italian Dance

---

Bransle - shift weight slowly to side & back to center

Cadenza (Cad)– jump & land w/ lead foot slightly forward.

Continenza (Con) – A step to the side & close. Sink down on the ball of the foot as you step to the side, & rise up as you close with the other foot

Corinto - 3 reprises [or reprises sottopiede), followed by a trebucetto in same direction

Double (Doppio) – three steps, styling varies from dance to dance

Fioretto – kick lead foot forwards & to the side, leaping onto the toes of the foot. Bring the other foot across & land lightly on the flat of both feet.

Fioretto a Pie Pari – swing L foot to side & back, kicking the R foot to the other side.

Gropo - Trab L, R, L; cut R foot under left & kick L foot out in front

Puntata (Puntata Grave) - Step L. "Stab" R&Lift L heel off ground. Lower L heel.Reverance (Rev) (lds) – move L foot forward, sweep L foot back, shift weight onto back leg with knee bent, straighten back leg back gracefully into standing position

Ripresa (Rip)– step sideways over onto the toe & lower to floor with weight on other foot

Ripresa minuita – "charleston" type step side to side (heels together, toes together)

Saffice – Sottopiede, followed by a Trebucetto in the same direction

Saltino a pie pari – jump straight up & land on both feet

Scambiote – Step sideways w/ lead foot, undercut, cadenza

Scorsi – Rise up on toes & scurry for 8 steps in 4 beats; lower heels.

Seguito Battuto al Carario – L heel forward, L toe back, close w/ a stamp.

Seguito Ordinario (SegOrd) – Caroso - three steps (for Negri, see Seguito Semidoppio)

Seguito Semidoppio – 2 Passi, & a spezzatto (Negri - Seg Ordinario)

Single [Passo] – step lightly & carry through (do not close)

Sottopiede – step sideways, cut other foot under first foot

Spezzato (Spez)– 3 steps on the balls of the feet, with an undercut on the second step

Spezzato Alterato (L)– raise L foot & hop onto R, spez L

Spezzato Scorsi LL – Spez LRLR at double normal speed

Trabuchetto (Trab) – small jump sideways onto ball of foot

Trangato (Trang) - Ste, bend both knees, come up (R heel, then L & R foot) & close

**5-Step Basic Cinque Passi**

1. In place.
2. Going to the side.
3. Going around the room.
4. Turning and going around the room.
5. As the *molinello*, i.e., one set turning over the left shoulder, and one set over the right.

**Balzo (Bound, or Large Bound)**

1. In quarter turns, with one beat per turn segment.
2. In quarter turns, with two or four beats per turn segment.
3. In quarter turns, with two or four beats per turn segment, and ending with feet together.
4. While turning for an unspecified amount of rotation, landing with feet together.

**Campanella (Little Bell) and Balzetto (Little Bounds with Feet Together)**

1. *Campanella*, in place.
2. *Campanella*, turning.
3. Two *balzetti* to the side, plus half a *campanella*.
4. Two *balzetti* to the side, plus half a turning *campanella*.
5. One *balzetto* turning 180°, plus three “rings” on the *campanella*, ending with feet closed.

**Ponte è Calcagno (Toe and Heel)**

1. In place.
2. Turning.
3. Going around the room.
4. Just one set of toe and heel, plus half a turning *campanella*.
5. Just one set of toe and heel, plus a two beat *riverenza* to the side.

**Zoppetto (Limping Hop)**

1. Going around the room.
2. Two *zoppetti* (with working leg flat and syncopated), plus half a *campanella*.
3. Two *zoppetti* (with “lame” foot high), plus a two-beat *sottopiede*.
4. Two *zoppetti* (with “lame” foot high), plus a two beat *riverenza*.

**One-Off Variations**

1. *La Ripresa in Sottopiede*.  
One full *ripresa in sottopiede*.
2. *La Volta con la Gamba Alta*.  
180° turn done with one leg higher in the air, plus half a *campanella*.
3. *La Gambata* (Shaking Leg).  
Two beats of *gambata*, plus half a turning *campanella*.

## English Country

<b>Adson's Saraband</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
P1	Double fwd & back; Set & turn single; repeat	2;2;4
	Lds Double away from Lys & back; set & turn; Lys same	2;2;4
P2	Lds Double down set as Lys up; pass & fall into ptrn's place; set & turn	1;1;2
	Lds Double up set as Lys down; pass & fall into ptrn's place; set & turn	1;1;2
P3	Half a hey for couples; set & turn; complete Hey; set & turn	2;2;2;2
P4	Lds Double away, Lys catch up; set & turn	2;2
	Lds 1&3 meet & back as Lys 1&3 same & C2 same; turn who you meet	2;2
	Switch w ptrn; set & turn; C1 lead down middle & lead all L to place	2;2;4
<b>All in a Garden Green</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn single; repeat	2;2;4
C1	Ld1 take R hands w/Ly1; L w/ Ly2; R then L w/Ly3; kiss 2x; turn	1;1;1;1;2
	Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn	1;1;1;1;2
V2	Partners Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
C2	The same as Chorus 1, except first Ly dances with the Lds	12
V3	Partners Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3	The same as Chorus 1	12
<b>Argeers</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
V1	Corners join hands, slip out & back ; Turn corner ½ ; Turn partner 1½	1;1;2
	Forward a double; Turn corner ½ ; Turn partner 1½	1;1;2
C1	Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set & turn	1;1;2;1;1;2
V2	Double out & back w/corner; Turn ptrn; Double back & fwd; Set & turn	2;2;2;2
C2	Lds slip R, Lys slip L (Lds inside); Slip back (Lys inside); Turn corner	1;1;2
	Lys forward & back a double; Lds do 8 ct single hey	2;2
V3	Lds push corner back; Slip to Ld's R ; Fall back; Set & turn	½;1;½;2
	Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn	1;1;2
C3	Ld1 & Ly2 cast off & lead into partner's place; Cast again back to place	2;2
	Lds begin a single hey for 4, do half the hey; ladies join in	1;1
	Turn your partner; Fall back into line of 4 & reverence to presence	2
<b>Beggar Boy</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	C1 & C3 double away from ptrn & to place, as C2 double to meet ptrn & back	2
	Lds take hands in a circle, Lys same & turn ½ to reverse order of line; repeat	2;4
V2	Partners side R; side L	2;2
C2	Lds 1&3 switch as Lys 1&3 switch as C2 double back from ptrn & to place	2
	The first 4 full circle around while C in last place set & turn ; repeat	2;4
V3	Partners arm R; arm L	2;2
C3	Double back from ptrn & to place; Lds half hey as Lys half hey; repeat	2;2;4

## English Country

<b>Black Nag</b>		<b>(Playford 1665)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Slip up the line (C1; C2; then C3); turn single; Slip down; turn single	1;1;1;3;1
V2	Side R with your partner; Side L with your partner	2;2
C2	Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1;1
	Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1;1
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Lds' Hey; Lys' Hey	4;4

<b>Boate Man</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; set & turn; repeat	2;2;4
C1	Ld2 & C1 ½ triangle hey, while Ly2 & C3 the same; turn your partner	2;2
	Ld2 & C3 ½ triangle hey while Ly2 & C1 the same; turn your partner	2;2
V2	Side R w/ partner; set & turn; side L w/ partner; set & turn	2;2;2;2
C2	Ld2 & C1 ½ circle, while Ly2 & C3 the same; (C2 meet &) turn partner	2;2
	Ld2 & C3 ½ circle, while Ly2 & C1 the same; (C2 meet &) turn partner	2;2
V3	Arm R w/ partner; set & turn; Arm L w/ partner; set & turn	2;2;2;2
C3	Ld1, Ly2, & Ld3 hands around Ld2; C2 turn your partner	2;2
	Ly1, Ld2 & Ly3 hands around Ly2; C2 turn your partner	2;2

<b>Bonny Bonny Broom</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; C1&2 cast to place as C3&4 same; face down & repeat	2;2;2;4
C1	C1&3 meet & back; circle to place; C2&4 same	2;2;4
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	C1 & C2 switch(Ld w/Ld); C3&C4 switch; set & turn; repeat	1;1;2;4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	C1 fwd & back as Lds2&3 & Lys 2&3 away & back as C4 down & back	2
	Circle half around; repeat	2;4

<b>Burley Mariners</b>		<b>(SCA choreography)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; set & turn; repeat; Hey for couples; repeat	2;2;4;4;4
C1	Ld1 to bottom of set: Switch by R hnd w/ Ly1; L-Ld 2; R-Ly2; L-Ld3	1;1;1;1
	Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back to back	½;½;1;2
	Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back to back)	8
V2	Side R with partner; set & turn L; Side L with partner; set & turn L	2;2;2;2
	Hey for Couples (twice through) – as in V1b above	4 (2x)
C2	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8
V3	Arm R with partner; set & turn L; Arm L with partner; set & turn L	2;2;2;2
	Hey for Couples (twice through) – as in V1b above	4 (2x)
C3	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8

## English Country

---

<b>Confesse</b>		<b>(Playford 1651)</b>
<b>(2 lines of Ly, Ld, Ly facing each other)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Lds go btwn the 2 Lys to his L, takes them out a Double, turn around, return to the set in a Double; Turn the person you are facing	2;2
	Lds take their 2 Lys out of the set in a Double, turn and return in a Double	2
	Turn the person you are facing	2
V2	Slip L; Slip R	2;2
C2	Ld1 choose a Ly & bring into center; all others join hands and circle this couple, then fall to place, Ld1 & Ly fall back to place; That again with Ld 2	1;2;1;4
V3	Slip R; Slip L	2;2
C3	Lys Double away as Lds turn & Double away; Double to place	1;1
	Lds staying in center, Lys join hands & circle for 4 as Lds turn w/o hands	2
	Lys Double back as Lds Double twd Ld's own R; Double to place	1;1
	Lys turn in place as Lds turn ea. other using 2 hands, then fall into place	2
V4	Forward & back a double (2x)	2 (2x)
C4	Lds take hand of Ly to R & all back and fwd a Double as "spare" Lys come behind and through the arch made by hand holders	2
	Couples turn as "spares" meet and turn & all fall into place	2
	That again, Lyds taking hand of Ly to L	4

<b>Chestnut</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1a	Ld & Ly back away in a double; Switch places with your partner	1;1
C1b	Ld join hands, Ly join hands & ea group full circle; repeat (to place)	2;4
V2	Arm R with your partner; Arm L with your partner	2;2
C2	Do C1a; Lds half hey, reversing order, as Ly same; repeat (to place)	2;2;4
V3	Side R with your partner; Side L with your partner	2;2
C3	Do C1a; C1 lead down betw other couples, who follow, reversing the line	2;2
	This back again, but C1 (in C3 place) cast off (not lead between)	4

<b>Crossed Purposes</b>		<b>(SCA Choreography)</b>
<b>(6 couples in a cross (square for 4 w/2 couples inside))</b>		<b>== In 4 ==</b>
V1	In lines across hall, Double fwd & back 2x; face down the hall & repeat	4;4
Ch	Middle Couples TAG (Two Fat Ladies) hey up & down set, as side couples back to back into a gypsy & the contrary, til all come home	8
	Middle Couples TAG hey across set as heads back to back into gypsy	8
V2	Middles face Heads & Side R&L as Sides same w/ own;	4
	Middles face Sides & Side R&L as Heads same w/own; repeat ch	4;16
V3	Middles face Heads & Arm R&L as Sides same w/ own;	4
	Middles face Sides & Arm R&L as Heads same w/own; repeat ch	4;16

## English Country

---

<b>Cuckolds All A Row</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Back-to-back corner; Gypsy corner; Back-to-back partner; Gypsy partner	2;2;2;2
V2	Side R with your partner; Side L with your corner	2;2
C2	Lds switch places; Lys switch places; All join hands & circle L	1;1;2
	Lys switch places; Ldsswitch places; All join hands & circle L	1;1;2
V3	Arm R with your partner; Arm L with your corner	2;2
C3	Lds push corner back a double, Slip to Ld's R, Fall back to ptr's place	2
	Lds cast R to old place and back to new place, partners following	2
	Lds push corner back a double, Slip to Ld's L, Fall back to orig place	2
	Lds cast L & back to place, partners following, all to orig place	2

<b>Dargason</b>		<b>(Playford 1651)</b>
<b>(single line - Ldsfacing equal number of Lys)</b>		<b>== In 4 ==</b>
C1	side R; set & turn moving into each others place	2;2
	Continue with new partners; progress until reach original place or other spot	2;2 (mult x)
C1	arm R; set & turn into each others place	2;2
	Continue with new partners, & progress as before	2;2 (mult x)
	Hey through entire set (grand R&L)	
	Variation 2 equal lines in a cross formation. Remain in original line; curve L when switching places in the middle. On Hey, do half a star to switch sides in the middle.	

<b>Dull Sir John</b>		<b>(Playford 1651)</b>
<b>(4 couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads Double in, cast off w/ opp & return to place; Sides same	2;2
C1	Head Lds switch; Head Lys switch; Circle to place; Sides same	1;1;2;4
V2	(Side Lds behind Lys) C1 split betw corners to C3 as C3 Double to C1's place 1	
	Repeat w/ C3 going through corners; Head Lds fall behind Lys; Sides same	1;2
C2	Heads (Lds still behind Lys) hey to place, end side by side; Sides same	4;4
V3	Lds cast behind partner & advance 1 place R; Lys same; Repeat	1;1;2
C3	Heads back to back; R hands to opp & switch L to partner; Sides same	2;1;1;4

<b>Epping Forest</b>		<b>(Playford 1670)</b>
<b>(3 couples in a circle)</b>		<b>== In 4 ==</b>
V1	2 Doubles L; Set & turn single; 2 Doubles R; Set & turn single	2;2;2;2
Ch	Honor partner & kiss or slow set L&R; Same to contrary	1;1
	Turn contrary full circle; turn partner full circle	2;2
V2	Side R; Set & turn single; Side L; Set & turn single; Chorus	2;2;2;2;6
V3	Arm R; Set & turn single; Arm L; Set & turn single; Chorus	2;2;2;2;6

## English Country

---

### Faine I Would If I Could

(Playford 1651)

(4 couples in a square)

== In 4 ==

- V1a Double away from the set; turn & double back to place 1;1  
V1b 2 hand switch w/corner; 2 hand switch across set (heads w/ partner) 1;1  
V1c Repeat V1a w/ new partner; Repeat V1b, end in orig square 1;1;1;1  
C1a Heads double fwd, 'pick up' Sides & double back 2  
C1b Meet & take R hands with person facing, sides (go wide) & do a quick full turn & break - heads do a tight full turn in the middle; fall into corner's orig. position 2  
C1c C1a, with side couples leading; C1b, falling into original square 2;2  
V2 Side R with partner; V1b above; Side L w/new partner; V1b above 2;2;2;2  
C2a 'Cloverleaf' - heads cast away from partner & walk small circle through nearest corner position & back to place, each corner following nearest leader 2  
C2b Each head couple & their corners take "4 hands round to your places" 2  
C2c C2a, but the sides lead ; C2b, but w/ each side couple & their corners 2;2  
V3 Arm R with partner; V1b above; Arm L w/new partner; V1b above 2;2;2;2  
C3a Heads double in & turn back-to-back; Sides hands & circle R 2;2  
C3b C3a, but sides back-to-back while heads circle R & fall back in original square 4

### Fine Companion

(Playford 1651)

(4 couples in a circle)

== In 4 ==

- V1 Double fwd & back; Set & turn single; repeat 2;2;4  
C1 Ld double in & out; Ly in as Ld out; Ly double out as Ld in & circle 2;2  
Ly double in & out; Ld in as Ly out; Ld double out as Ly in & circle 2;2  
V2 Side R; Set & turn single; Side L; Set & turn single 2;2;2;2  
C2 Heads in & out; Sides in (as heads out) & out as Head in & circle 2;2  
Sides in & out; Heads in (as sides out) & out as Sides in & circle 2;2  
V3 Arm R; Set & turn single; Arm L; Set & turn single 2;2;2;2  
C3 Lds to center; Lys circle; Lds to place; repeat w/ Lds circle Lys ½;3;½;4

### Gathering Peascods

(Playford 1651)

(about 4 - 7 couples in a circle)

== In 2 ==

- V1 Circle L; Turn single; Circle R; Turn single 4;2 [2x]  
C1 Lds take hands, circle round middle to places; Lys the same 6 [2x]  
Lds meet & clap; Lys same (as Lds out); Lds same, no clap, turn to place 2;2;4  
Lys meet & clap; Lds same (as Lys out); Lys same, no clap, turn to place 2;2;4  
V2 Side R with ptr; Turn single; Side L with ptr; Turn single 4;2 [2x]  
C2 Same as chorus 1, except Lys do everything 1st and Lds after 28  
V3 Arm R with ptr; Turn single; Arm L with ptr; Turn single; Chorus 1 4;2 [2x];28

## English Country

<b>Glory of the West</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Slow set away from ptrnr & back	2;2
	Double back & fwd; Slow set away from ptrnr & back	2;2
Ch1	Lds double back; Lys turn single; Lys double back; Lds turn single	1;1;1;1
	Lds switch in 2 Doubles; Lys switch; All circle to place	2;2;2
V2	Side R with your corner; slow set; Side L with your partner; slow set	2;2;2;2
Ch2	Lds cast L to stand back to back w/ptrnr, then cast back	2
	Lys same to R; Hey for 4 start R hands w/corner; R hand star	2;4;2
V3	Arm R with your corner; slow set; Arm L with your ptrnr; slow set	2;2;2;2
Ch3	Lds meet & take R hands; Lys same	1;1
	Lds circle under arch to place; Lys same	2;2
	Switch w/corner by R, then ptrnr by L	2
	Circle halfway, then open up to face presence	2

<b>Goddesses</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
Ch	C1 cast to foot of set as others follow; Cast from foot of set to place	2;2
V2	Ld1 lead Lds around the Lys; Ld3 leads line back; Repeat Chorus	2;2;4
V3	Lys take hands and go behind Lds & back; Repeat Chorus	4;4
V4-5	Lds circle Lys; Repeat Chorus; Lys circle Lds; Repeat Chorus	4;4;4;4
V6-8	Lds circle together; Chorus; Lys circle; Chorus; All Circle; Chorus	4;4;4;4;4;4
V9-10	Lds Hey; Repeat Chorus; Lys Hey; Repeat Chorus	4;4;4;4
V11	All Hey; Repeat Chorus	4;4

<b>Grimstock</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
Verse 1	Double fwd & back; Set & turn single; repeat	2;2;4
Chorus 1	Switching - C1 goes in between C2 & outside of C3, C2 goes in & out; C3 goes in & out (back to place)	4
Verse 2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Chorus 2	Arches - C1 goes under C2's arch & arches over C3, C2 goes under & over; C3 goes under & over (back to place)	4
Verse 3	Arm R w/ partner; Set & turn single; Arm L ; Set & turn single	2;2;2;2
Chorus 3	Crossover Hey - C1 cross over & Hey down the set (on partner's side), C1 crosses back at bottom of set & Hey up the set (on own side)	4

<b>Heart's Ease</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
Verse1	Double fwd & back; repeat	2;2
Chorus	(facing partner) Double away from & toward partner; Turn corner (facing corner) double away from & toward corner; Turn partner	2;2 2;2
Verse 2	Side R with your partner; Side L with your corner; repeat Chorus	2;2;8
Verse 3	Arm R with your partner; Arm L with your corner; Repeat Chorus	2;2;8

## English Country

---

<b>The Health</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
P1	Double fwd & back; slow set (2x)	2;2 (2x)
	C1 & C4 Double together as others Double back	1
	C1 & C4 turn to face away from ea other	1
	C1 & C4 cast, the others following til back to current position	2
	C2 & C3 the same	4
P2	All take hands in circle facing out & go halfway; slow set (2x)	2;2 (2x)
	C1 & C4 Double together as others Double back	1
	C1 & C4 turn to face away from ea other	1
	C1 & C4 take hands facing out & circle	2
	C2 & C3 the same	4
P3	Switch w/ ptr w/both hands; C1&C2 switch as C3&C4 switch; slow sets 2;2(2x)	
	Ld1 & Ly4 Double together & take R hands; Ly1 & Ld4 the same	1;1
	C1 & C4 R hand star; C2 & C3 the same	2;4

<b>Heralds in Love</b>		<b>(SCA Choreography)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
Verse 1	Double fwd & back; Set & turn single; repeat	2;2;4
Chorus 1	Ld1 & Ly2 switch w/ R hands, as Ld3 & Ly4 do same (In improper sets, this chorus is all Lds); Ld1 & Ly4 switch w/ L hands; Ly2 & 4 switch w/ R hands as Ld1 & 3 do same; Continue until all are back in their original places	1;1;1;5
Verse 2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Chorus 2	(In improper sets, this chorus is all Lys) Ld2 & Ly3 switch w/ R hands; Ld2 & 4 switch w/ L hands as Ly3 & 1 do same; Ly1 & Ld4 switch w/ R hands; continue until all are back to place	1;1;1;5
Verse 3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Chorus 3	Do chorus 1 & chorus 2 together; In improper sets, Lds will always Be exchanging places with Lds, & Lys with Lys	8

<b>Hit and Misse</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
Verse 1	Double fwd & back; repeat	2;2
Chorus	Double in; Double out to side w/ opp Double in; Double back to place with ptr Single Hey for 4, begin by passing R shoulders w/ opp	1;1 1;1 4
Verse 2	Side R with your partner; Side L with your partner; repeat chorus	2;2;6
Verse 3	Arm R with your partner; Arm L with your partner; repeat chorus	2;2;6

## English Country

---

<b>Hockley-in-the-Hole</b>	<b>(Playford 1651)</b>
<b>(Longways for as Many as Will)</b>	<b>== In 4 ==</b>
V1: Double fwd & back; repeat	2;2
Ch: Set and turn single; repeat	2;2
V2: Ld1 & Last Ly Double to meet & Double back; Ly1 & Last Ld same; Ch	2;2;4
V3: Ld1 & Last Ly Arm R; Ly1 & Last Ld Arm L; repeat Chorus	2;2;4
V4: Ld1 2 Doubles to meet Last Ly at bottom of set	2
2 Doubles for Ld1 & Last Ly to go to top of set (other Lys shift down); Ch	2;4
V5: Last Ld 2 Doubles to meet his Ly at top of set	2
Last C 2 Doubles to bottom of set as	
C1 follow & pass through to become new Last C	2
Repeat Chorus	4

<b>Hyde Park</b>	<b>(Playford 1651)</b>
<b>(4 couples in a square)</b>	<b>== In 4 ==</b>
Verse 1 Head C's Double fwd & back; Sides same	2;2
Chorus 1 C1 & C3 slip into center to meet other C; slip out w/ corner through	
Nearest Inactive C; cast to place	1;1;2
C2 & C4 slip into center to meet other C; slip out w/ corner through	
nearest Inactive C; cast to place	1;1;2
Verse 2 Head C's Double fwd & back; Sides same	2;2
Chorus 2 C2 & C4 change places w/ partner & make arch while C1 & C3	
pass partner by R & continue around set to meet corner outside of arch;	
C1 & C3 go through arches to meet partner; fall back to place	2;1;1
C1 & C3 change places with partner & make arch while C2 & C4	
pass partner by R & continue around set to meet corner outside of arch;	
C2 & C4 go through arches to meet partner; fall back to place	2;1;1
Verse 3 Head C's Double fwd & back; Sides same	2;2
Chorus 3 All Ld's pass partner by the inside shoulder & continue around set,	
Going around the Lys by alternating shoulders	4
All Lys pass partner by the inside shoulder do same around Lds	4

<b>If All the World Were Paper</b>	<b>(Playford 1651)</b>
<b>(4 couples in a square)</b>	<b>== In 4 ==</b>
Double forward & back; Set & turn (2x)	2;2 (2x)
Heads-Lds switch places, then Lys; Hey to place; sides same	2;2;4
Side L; Set & turn; Side R; Set & turn	1;1;1;1
Heads-double in; take corner betw side; cast to place; 2 hand turn; sides same	1;1;2;4
Arm L; Set & turn; Arm R; Set & turn	1;1;1;1
Heads-Extend R hand to opp & change places, continue L&R to place; sides same	4;4

## English Country

---

<b>The Irish Gypsy (or Sionnain's Shamrock)</b>		<b>(SCA Choreography)</b>
<b>(4 couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads double fwd & back; Heads double fwd & cast to place; sides same	2;2;4
Ch1	Heads slip in; set LR; Slip w/ opp betw sides & cast to place; sides same ½ hey begin by passing partner by R; gypsy w/ partner; repeat	1;1;2;4 2;2;4
V2	Side R w/ptnr; Set & turn; Side L w/corner; Set & turn (face center)	2;2;2;2
Ch2	Pass & post Heads walk through the set (Ldys pass on inside); give near arm to nearest Side & post to face into set; repeat 3x; Sides same	1;1;6; 8
V3	Arm R w/ partner; set & turn; Arm L w/ corner; set & turn	2;2;2;2
Ch3	Lds form for L hand star & pass in front of partner to next Ldy;	1
	Take Ldy by R hand & circle 1x, ending back in the L hand star; repeat 3x	1;6
	Lys form for R hand star & do as Lds did	8

<b>Jenny Pluck Pears</b>		<b>(Playford 1651)</b>
<b>(3 couples in a circle)</b>		<b>== In 4 ==</b>
V1	Slide L; Set & turn single; Slide R; Set & turn single	2;2;2;2
Ch1	Ld1 turns Ly into center; Ld2 same; Ld 3 same; All reverance Lds skip around L; then R	1;1;1;1 4;4
	Ld1 turns Ly to place; Ld2 same; Ld3 same; All reverance	1;1;1;1
V2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Ch2	Same as chorus 1, except Ly turn Ld in & skip around	16
V3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Ch3	Same as chorus 1	16

<b>Jack Pudding</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1:	Double fwd; C1&C2 break hands, separate & Double back as C3 Double fwd	1;1;1;1
	C1 & C2 Double fwd (still apart) as C3 Double back	1
	C1 & C2 take hands & all Double back	1
Ch1:	C3 move between C1 & C2 as Lds 1&2 make an arch & Lys same	2
	C3 cast round C1, under arches & cast round C2, to place, proper	4
	C1 & C2 join hands & circle once around as C3 does full turn	2
V2:	Side R&L with partner	4
Ch2:	Lds form a circle & go once around, raising arms	2
	Lys under arches & turn partner back to place	2
	Repeat with genders reversed	4
V3:	Arm R&L with partner	4
Ch3:	C1 turn to face down as C3 heads up line	
	C2 moves to C3 place as C1 makes arch & C3 passes under	1
	C3 change places and face down as C1 turns to face up	1
	C1&C3 take hands & go once around; C2 heads up the line	2
	C1 moves to C3's original position as C2 makes an arch & C3 passes under	1
	C3 change places & face up as C2 turn to face down	1
	C2&C3 take hands & go once around; C2 turn to face up.	2

## English Country

---

### **Kelsterne Gardens** (Playford 1726) (3 couples in a line) == In 4 ==

Hey for couples; C1 figure 8 crossing through C2, as C2 follows (start outside) 2;2  
C1 & C2 circle; C1 cast down 1 place; C1 & C3 circle; C1 cast to bottom of set 2;1;2;1

### **Kemps Jegg** (Playford 1651) (3 couples in a circle) == In 4 ==

P1 Ld1 lead Lys1&3 fwd & back a Double (2x) 2(2x)  
Ld1 honor Ly3, then Ly1; Ld1 turns Ly2 to progress to Ld2's place as  
Lds 2&3 rotate CCW into next place (Ly2 returns to own spot) 2;2  
Repeat 2x, w/ same active Ld until all are back to place 16  
Repeat entire Part 2x with Lds2&3 active 48  
P2 Ld1 lead Lys1&3 fwd & back a Double (2x) 2(2x)  
Ld1 & Ly3 switch by R hands; Ld1 & Ly1 switch by L as Ly 3 to orig place 1;1  
Ld1 & Ly2 full turn as Ly 1 to place & Lds2&3 rotate CW to new places 2  
Repeat as in P1 16;48  
P3 Ld1 w/ Lys1&3 Double fwd & back, hold Lys outsd hnds behind backs(2x) 2(2x)  
Ld1 unwinds Ly3 & kisses her; Ld1 unwinds Ly1 & kisses 1;1  
Ld1 turn Ly2 to progress as Lds2&3 rotate CCW 2  
Repeat as in P1 16;48

**Short Version:** Ignore direction to "repeat entire part 2x w/ same active Ld" – Ld 1 is now active for only 1 repeat of each verse. Lds 2&3 do likewise.

**Egalitarian Version:** Ignore direction to "repeat entire part 2x w/ same active Ld" Once the Lds all been active, the dance begins again with the Lys active.

### **Kettle Drum** (Playford 1651) (4 couples in a square) == In 4 ==

V1: Double fwd & back; repeat 2;2  
Ch1: Lys R hands across, Lds same; all turn ptnr by R hand 1;1;2  
Lds L hands across; Lys same; all turn ptnr by L hand 1;1;2  
V2: Side R&L 4  
Ch2: Heads in a double; Heads back as Sides in a double; 1;1  
Sides R hand w/corner & turn into their place 2  
Same with Sides doing what heads did and vice versa 4  
V3: Arm R&L 4  
Ch3: Ptnrs take 2 hands, swing in, out, & in, break hands & turn to cmnr 2  
Lean in & kiss cmnr, lean back; repeat 1;1  
Take corner by both hands & do same swings, face partner 2  
Lean in and kiss partner, lean back; repeat 1;1

## English Country

---

<b>Lord of Carnavan's Jegg</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
Part 1	Double Fwd & back (2x); Do-Si-Do with partner (2x)	2(2x);2(2x)
Part 2	C1 cross over & go behind C2 into their place (on partner's side)	2
	C1 cross over & go behind C3 into their place (on own side)	2
	C1 go between C 4, cast off & lead line around; Arm R	2;2
	(order from top to bottom is now C1, C4, C3, C2)	
	Repeat with C2 leading in other direction (order ends C3, C4, C1, C2)	16
	Repeat with C3 leading in first direction (order ends C3, C2, C1, C4)	16
	Repeat with C4 leading in other direction (order ends C1, C2, C3, C4)	16

<b>Lord Sun &amp; Lady Moon</b>		<b>(SCA Choreography)</b>
<b>(3 couples in a line, the middle couple improper)</b>		<b>== In 4 ==</b>
I	C1 & C2 take R hands across; Rotate CW halfway around	1
	C1 & C3 take L hands across; Rotate CCW halfway around	1
	C2 & C3 take R hands across; Rotate CW halfway around; all honor ptrnr	1;1
II	C1 & C2 take L hands & Rotate CCW; C1 & C3 take R hands & Rotate CW	1;1
	C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptrnr	1;1
III	Lys walk in a CW circle (no hands) around Ld2 & back to place	2
IV	Lds walk in a CW circle (no hands) around Ly2 & back to place	2
V	C1 & C2 take hands in a circle of four & circle CW halfway around;	1
	C2 drops hands while Ld1 turns Ly1	1
VI	C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptrnr	1;1
	(Order of couples is C2, C3 (improper) C1, becoming C1, C2 & C3 for next repeat)	

<b>Lull Me Beyond Thee</b>		<b>(Playford 1651)</b>
<b>(2 couples facing 2 couples C3, C1, C2, C4)</b>		<b>== In 4 ==</b>
V1:	Double fwd & back (2x)	2(2x)
Ch1a	C3&C4 double twd ea other as others double away from set	1
	New lines fall back a double; turn your opposite	1;2
Ch1b	C3&C4 double away from ea other as others double together	1
	Lines fall back a double; turn your partner	1;2
V2:	Side R w/ptrnr; C1&C2 side L w/corner as C3&C4 side L w/ptrnr	2;2
Ch2a	Lead away from ptrnr, fall back into circle; go once around	2;2
Ch2b	Lead away from corner, fall back into circle; go once around	2;2
V3:	Arm R w/ptrnr; Arm L w person you sided L with	2;2
Ch3a	C1&C2 lead out & in (to wall & back) forming arch as	
	C3 & C4 lead in, then out w/corner under arch	2
	C1& C2 lead out (to C3&C4 places) as rest lead in & all turn ptrnr	2
Ch3b	Repeat Ch3a w/ C3 & C4 leading out first	2;2

## English Country

---

<b>Mage on a Cree</b>		<b>(Playford 1651)</b>
<b>(4 couples in a circle)</b>		<b>== In 4 ==</b>
V1	All join hands, Double fwd& back, Set & turn (2x)	4(2x)
C1	Lds circle facing out; turn Corner; Lys circle facing out; turn ptrnr	2;2;2;2
V2	Side R; Set & turn turn single; Side L; Set & turn turn single	2;2;2;2
C2	Lds weave L in front of Co. Ly & behind next; Lds meet in middle & turn sing.	2;2
	Lds weave L in front & behind 2 Lys; Lds meet in middle & turn to place	2;2
	Lys do as Lds did, but weaving to the R	8
V3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3	All turn Corner 1½ times to progress; continue until to place	8

<b>Maid Peeped Out the Window</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	C1 cast & lead to bottom; Set & turn; C1 cast& lead to top; Set & turn	2;2;2;2
V2	Side R with your partner; Side L with your partner	2;2
C2	All slide across at L diagonal; Double into partners place; Set & turn	1;1;2
	All slide back at L diagonal; Double into own place; Set & turn single	1;1;2
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Lds 1 & 3 push Lys 2 & 4 out, around, & across into Lds' place	1
	Lds 2 & 4 push Lys 1 & 3 into men's place; Set & turn single	1;2
	Repeat above, pushing Lys back into own place; Set & turn	2;2

<b>Maiden Lane</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
P1:	Double fwd & back (2x); Double L & back	2(2x);2
	Double speed single Hey on both sides; Set & turn single (2x)	2;2(2x)
P2::	Sides R&L; Back a double & switch with ptrnr; repeat; set & turn 2x	4;2;2;2(2x)
P3:	Arm R&L;Ld1&Ly2 switch, Ld2&Ly1 switch as C3 switch	4;1;1
	Ld1&Ly3 switch, Ld3&Ly1 switch as C2 switch; Set & turn 2x	1;1;2(2x)
Couples should now be progressed, ready to do the dance 2 more times.		

<b>Merry Merry Milk Maids</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double forward & back; Set & turn single; repeat	2;2;4
C1	C1 & C3 double to meet ptrnr; slip down betwn C below (who moves up)	1;1
	In groups of 4, R hand star; L hand star	2;2
	C2 & C4 (in new positions) same; R hand star; L hand star	2;2;2
V2	Side R; Set & turn turn single; Side L; Set & turn turn single	2;2;2;2
C2	Lds cast from front to invert set; Lys same; Set & turn single	2;2;2
	Lds cast from bottom to orig place; Lys same; Set & turn single	2;2;2
V3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3	Lds back & fwd a double; Lds hey; Lys back & fwd a double; Lys hey	2;4;2;4

## English Country

<b>Milke-Mayds Bobb</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	C1&2 Hey for 4, start w/ R hands to partner as C3&4 same	4
V2	Side R with your partner; Side L with your partner	2;2
C2	C1 2 hands & slip betw C2 as C3 slip betw C4; switch w/ ptrn	1;1
	C2 2 hands & slip betw C1 as C4 slip betw C3; switch w/ ptrn	1;1
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Ld1 & Ly2 switch by R hands as Ld3& Ly4 ssame	1
	Ld2 & Ly1 switch by R hands; Ld4 & Ly3 same; repeat	1;2
<b>Newcastle</b>		<b>(Playford 1651)</b>
<b>(4 couples in a square)</b>		<b>== In 4 ==</b>
V1	Double in & out; Set to partner; Set to next of opp gender (2x)	2;2 (2x)
C1	Arm R with partner; Lds L hand into center as Lys circle	1;3
	Arm R with partner; Lys L hand into center as Lds circle	1;3
V2	Side R; Side L & pass; repeat w/ next	2;2;4
C2	Heads double fwd & back, make arch	2
	Sides cast behind, through arch & to place	2
	Sides double fwd & back, make arch	2
	Heads cast behind, through arch, & to place	2
V3	Arm R & L; Pass by in extra ½ turn; repeat w/ next	3;1;4
C3	Double back in line (heads split); turn single; double fwd & switch across	1;1;2
	Double back in line (sides split); turn single; double fwd & switch across	1;1;2
<b>New Exchange</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; set & switch w/ ptrn; repeat	2;2;4
C1	Ld1 set to Ly1; Ld2 set to Ly2; C3 2 hand turn back to place	1;1;2
	Ld3 set to Ly3; Ld2 set to Ly2; C1 2 hand turn back to place	1;1;2
V2	Side R; Set & switch w/ ptrn; Side L; Set & switch w/ ptrn	2;2;2;2
C2	Ld1 & Ly3 meet; Ld3 & Ly1 meet; Ld1 & Ly3 switch;	1;1;½;
	Ld3 & Ly1 switch; C2 switch; Repeat entire chorus	½;1; 4
V3	Arm R; Set & switch w/ ptrn; Arm L; Set & switch w/ ptrn	2;2;2;2
C3	Half hey for couples; Set & turn; Half hey for couples; Set & turn	2;2;2;2
<b>The Night Peece</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2 (2x)
C1	C2 fall back a Double & slip up to C1 place as C1&3 switch(3X)	2 (3x)
V2	Side R&L with your partner	4
C2	C1 cross & cast to C2 place as C2 slides up; Same w/C3; Repeat 2x	1;1;2;2
V3	Arm R&L with your partner	4
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	½;½;1
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switches; Set & turn	½;½;1;2

## English Country

<b>Nonesuch</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x); Set & turn single (2x)	4;4
C1	C1 slip betw C2; C1 turn to face C2	1;1
	C1 push C2 & switch places twice, C2 ending in C1 position; C1 turn	4;2
	C1 repeat w/C3; then w/ C4 as C2 w/C3; C2 w/C4; C2 w/C1 as C3 w/ C4, etc	64
V2	Side R; Side L; Set & turn single (2x)	2;2;4
C2	Form a line (1 at a time) w/double to center - Ld1 1 <sup>st</sup> face down, Ly1 next, etc.	8
V3	Arm R & L; 3 slips L & back; 3 slips R & back	4;2;2
C3	1 at a time as before, double to improper side	8
	Grand R&L in a "U", crossing at bottom - 1st switch is C1 w/C2 & C3 w/C4	8

<b>The North Tower</b>		<b>(SCA Choreography)</b>
<b>(2 couples facing)</b>		<b>== In 4 ==</b>
V1	Double back & fwd w/ ptrn (2x); Double back & fwd w/ corner (2x)	2(2x);2(2x)
C	Switch by R w/corner, turn; Switch by L w/ ptrn, turn; Set & turn; repeat	1;1;2;4
V2	Side R & L w/ ptrn; Side R&L w/ corner; repeat chorus	4;4;4
V3	Arm R&L w/ ptrn; Arm R&L w/ come; repeat chorus	4;4;4

<b>The Old Mole</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double forward & back; set & turn; repeat	2;2;4
	Double L & back; set & turn; Double R & back; set & turn	2;2;2;2
V2	Ld1 & Ly3 switch (Double fwd & back, then past)	4
	Ly1 & Ld 3 same; C2 same	4;4
	Lys1& 2 & Lds2&3 arches (Dble fwd&back then through) 4x to place	4(4x)
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	4;4;4
V3	Lds hands, & Lys hands - double forward ; C1&C3 Double back	1;1
	C2 turn as Lys1&3 & Lds1&3 turn, then Side R; turn your own	1;2;1
V4	Lds single hey; Lys single hey; Double hey 2x	2;2;4
	Cast from front to place; Cast from the back to place	2;2

<b>On the Banks of the Helicon</b>		<b>(SCA Choreography)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
Verse 1	Double fwd; Turn simple (away from ptrn); Double back (2x)	1;1;1(2x)
Chrous	Half-s-hey Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptrn's place)	2
	Half-s-hey Ld2 w/C3, Ly2 w/C1 (C2 ens in own place)	2
	C1 progress to bottom of set by C1 R hands & switch; L hands to next & switch; R hands to next & switch; C1 L hands & switch	1;1;1;1
Verse 2	Double forward (toward partner) to meet R shoulders,	1
	Turn simple (away from ptrn); fall back a double to place	1;1
	Repeat, this time meeting L shoulders; repeat chorus	3;8
Verse 3	Give R arm to partner & turn half-way; turn simple L	1;1
	Take R arms w/partner again & turn half-way to place	1
	Do same w/ L arm (w/ simple turn R); repeat chorus	3;8

## English Country

### Oranges & Lemons

(Playford 1665)

(4 couples in a square)

== In 4 ==

- V1 Double fwd & back (2x) 2 (2x)  
C1 Lds rev to ptrnr; rev to corner; Join hands & circle half around  $\frac{1}{2}; \frac{1}{2}; 2$   
Lys rev to ptrnr; rev to corner; Join hands & circle half around; repeat  $\frac{1}{2}; \frac{1}{2}; 2; 6$   
V2 Partners side R & L 4  
C2 Partners R hands & step R; L hands & step L  $\frac{1}{2}; \frac{1}{2}$   
Gr& R & L, starting with R to partner; repeat until back to place 2;3 (3x)  
V3 Partners arm R & L (C1 moves to face C2; C3 moves to face C4) 4  
C3 Rev to other C; rev to ptrnr; Each pair of Cs circle halfway to the L  $\frac{1}{2}; \frac{1}{2}; 1$   
C2 back into 3rd place, C1 following as C4 backs into 1<sup>st</sup> place, C3 following 1  
Repeat this pattern until everyone returns to their places 3 (3x)

### Parson's Farewell

(Playford 1651)

(2 couples facing)

== In 4 ==

- V1 Double fwd; 4 slips L; Double back; 4 slips R 1;1;1;1  
C1 Lds rise; Lys rise; all rise 4x; 2 hand turn w/ corner; repeat Lys start  $\frac{1}{2}; \frac{1}{2}; 1; 2; 4$   
V2 Forward a double; out w/ corner & return; double back to place w/ ptrnr 1;2;1  
C2 Lds meet, cross R hands then L, turn & switch places 1  
Turn corner w/ R hand; cross back & turn partner w/ L hand 1;2  
Repeat w/ Lys starting & crossing L hands then R 3  
V3 Take hands w/ partner do 4 slips into set; take corner & slip out; 1;1  
Slip back in w/ corner & out to place w/ partner 1;1  
C3 Turn partner by R hand; Half hey across formation  
Lds pass L shoulders 1  
curving into corner's place as Lys  $\frac{1}{2}$  turn R to ptrnr's orig place, Lys pass L  
& curve to other Ly's orig place as Lds  $\frac{1}{2}$  turn R to other Lds orig place 2  
Turn ptrnr by R hand; then by L hand 1;1  
Complete the hey w/ Lys starting (passing R to ptrnr's orig place) 2  
Turn partner by L hand (Hey may be done as Grand R&L w/o hands) 1

### Pennsic Dance

(SCA Choreography)

(4 couples in a square)

== In 4 ==

- V1 Double forward & back; set & turn; repeat 2;2;4  
C1 Heads Double in & L hand star halfway; hey halfway along lines; turn next 2;2;2  
Repeat w/ Sides; Turn ptrnr 6;2  
V2 Side R; Set & turn turn single; Side L; Set & turn turn single 2;2;2;2  
C2 Heads cast away from ptrnr, through nearest corner position 2  
to place, each corner following nearest head; 1  
Each head couple & their corners take 4 hands halfway round 1  
Heads back a Double as sides fwd to meet; circle halfway to opposite place 1;2  
Repeat; turn your ptrnr 6;2  
V3 Arm R; Set & turn single; Arm L; Set & turn single 2;2;2;2  
C3 Face Corner & Heads hey as Sides Gypsy; Sides Hey as Heads Gypsy; 2;2  
Turn Corner. Sides Hey as Head Gypsy; Heads Hey as Sides Gypsy 2;2;2  
Turn Corner; Turn ptrnr. 2;2

## English Country

<b>Picking of Sticks</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2;2
C1	Top L switch back to back with 2nd R, then 3rd L; All fwd & back a double	2;2
	Top R switch back to back with 2nd L, then 3rd R; All fwd & back a double	2;2
	Repeat above until back to place	2;2(4x)
V2	Side R with your partner; Side L with your partner	2;2
C2	C1 slip betw C2 as they move up, then C2 slip betw C1 (2x) as	
	C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set	4;4
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Sheepskin Hey - Lds weave through Lys; as last Ld passes	
	second Ly, he cuts around to take the lead; Each Ld cuts once,	
	& then pass behind the Lys & back to place	8
	Repeat above with Lys weaving between Lds	8

<b>Prince William's Hey</b>		<b>(Walsh 1731)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
P1	C1 cross over hey between person 2 & 3 on the other side	4
	All continue the hey on each side, until C1 is back in the 1st place	
	C1 cross back between person 2 & 3 on their own side	4
	All continue the hey on each side, until C1 is back in the 1st place	
P2	C1 take R hands & switch; Cast to C2 place as C2 slips to 1 <sup>st</sup> place	1;1
	C1 turn 2 hands, 1½ times around; C2 take R hands, switch places	2;1
	C2 cast to 2 <sup>nd</sup> place, as C1 slip to 1 <sup>st</sup> ; C2 turn 2 hands, 1½ times around	1;2
P3	Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L	2;2
	Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L	2;2
P4	C1 casts out between Ly 2 & 3, (hold L hands, so Ly's arm is across her body)	2
	C1 returns to the center from the top & bottom of the set, & arm R	2
	C1 casts out between Ld2 & 3, (hold R hands, so Ld's arm is across his body)	2
	C1 turn two hands 1½ times, moving to the bottom of the set	2
	Repeat the dance (with the couple at the head of the set now being C1, etc.)	
	Note: In the Heys, the person at either end always apsses to the inside of the set	

<b>The Return of Spring</b>		<b>(SCA Choregraphy)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
Verse 1	Double fwd & back; set & turn; repeat	2;2;4
Chorus	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as	
	Ld1 & Ly2 switch; C1 turn as C2 switch	1;1;2
	C1 take R hands & switch; Ly1 & Ly3 switch w/	
	L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1;1;2
Verse 2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
	Repeat Chorus	8
Verse 3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
	Repeat Chorus	8

## English Country

---

<b>Puzzle Box (Revised)</b>		<b>(SCA choreography)</b>
<b>(4 couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads Double fwd & 2 hand switch w/ opp	2
	Heads Double back as sides fwd to meet & switch	2
Ch1	<i>Face across the short dimension of the set</i>	
	Lds honor Lys, then Lys Lds; Sides Double back & arch as heads Dbl fwd	1;1
	Heads lead opp through arch ; Heads cast to place as sides switch	1;1
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads fall back a double & form arches while sides double forward	1
	Sides lead opp out through the arches, then cast back to place; Heads wait until heads have passed through, then use last 4 counts to trade places	2
V2	Sides back a Double as heads fwd to meet; Head hands around halfway	1;1
	Heads back Double as sides frwd to meet; Sides hands around halfway	1;1
Ch2	<i>Face across short dimension of set</i> Lds honor Lys, then Lys honor Lds	1
	Sides fall back a double while heads double forward	1
	Heads cast away & to place, sides each following nearest head	2
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads fall back a double while sides double forward	1
	Sides cast away & to place, heads following nearest side	2
V3	Take hands all around & circle with 8 slips to the L; 8 slips to the R	2;2
	<i>While circling expand the set from its "collapsed" form back into asquare</i>	
Ch3	(Death Spiral) Lds honor the set; Lys honor the set	½;½
	Lds double forward to form a small square in the center	1
	Lds rotate the square CW & fall back to place	2
	Lys honor the set; Lds honor the set	½;½
	Lys do death spirial as Lds did	3

<b>Road to Lisdoonvarna</b>		<b>(SCA Choreography)</b>
<b>(3 Couples Longways)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x); Set & turn single (2x)	2(2x); 2(2x)
Ch1	(Lace the Bodice] Dancers face each other while changing places	
	Slip past on diagonal leading w/closest shoulder	
	Ld1 & Ly2 switch; Ly1 & Ld2 switch; Ld1 & Ld3 switch	½;½;½
	Ly1 & Ly3 switch; Ly2 & Ld 3 switch; Ld2 & Ly3 switch	½;½;½
	C1 cast out & up to original place, with C2&3 following	1
V2	Sides all; That again; Set & turn single; That again	2;2;2;2
Ch2	(Celtic Horses) C2 take R hands & pass by R shoulders	
	Ly2 takes hands with C1 & circles L as Ld2 does same with C3	2
	C2 return to middle then take L hands, & pass by L shoulders	
	Ld2 takes hands with C1 & circles R while Ly2 does same with C3	2
V3	Arms all; That again; Set & turn single; That again	2;2;2;2
Ch3	(Whipsaw Hey) Lds take hands down the line; Ld2 pulls Ld1 into set & between Lds2&3, while Ld2 moves up into Ld1's position	
	Hey continues as usual until all are back in place; Lys then do the same	2;2

## English Country

---

### Rufty Tufty

(Playford 1651)

(2 couples facing)

== In 4 ==

Verse 1	Double fwd & back (2x)	4
Chorus	(facing partner) Set & turn single (2x)	4
	Lead partner out a Double & back; Turn single	2;1
	Lead corner out a Double & back; Turn single	2;1
Verse 2	Side R with your partner; Side L with your partner	2;2
Repeat Chorus		10
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Repeat Chorus		10

### St. Joan

(SCA Choreography (late 17<sup>th</sup> C style))

(4 couples in a Square)

== In 4 ==

P1	Heads double in; take corner between side C; cast to place	1;1;2
	Heads lead the grand square; reverse it home	4;4
	Sides double in; take corner between side C; cast to place	1;1;2
	Sides lead the grand square; reverse it home	4;4
P2	Lys set to the middle; R hand star; fall back to place	1;2;1
	Heads lead the grand square; reverse it home	4;4
	Lds set to the middle; R hand star; fall back to place	1;2;1
	Sides lead the grand square; reverse it home	4;4
P3	Heads split & pass between near side C to opposite place;	2
	Meet corner in middle, ½ R hand turn back to place	2
	Heads lead the grand square; reverse it home	4;4
	Sides the same; Sides lead grand square; reverse it	4;4;4
P4	Half a grand right & left; Heads lead the grand square; reverse it	4;4;4
	Repeat, with sides leading the grand square	12
Note	Grand Square Heads double in as sides double back away from partner;	
	Heads double away from partner (w/corner), as sides double to meet corner;	
	Heads double away from corner as sides double in w/ corner;	
	Heads double to meet partner as sides fall out to place w/ partner	

### Scotch Cap

(Playford 1651)

(3 couples in a line)

== In 4 ==

Verse 1	Double fwd & back (2x)	2(2x)
Chorus 1	Top 2 Lys back up; Last 2 Lds back up; they switch; other 2 switch	1;1;1;1
	Repeat 5 more times	20
Verse 2	Side R with your partner; Side L with your partner	2;2
Chorus 2	Sides Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3)	2;2
	Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ partner)	2;2
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Chorus 3	Lds slip up hall as Lys slip down; Give R & L hands back to place	2;2
	Lys slip up hall as Lds slip down; Give L & R hands back to place	2;2

## English Country

<b>Saint Martins</b>		<b>Playford 1651)</b>
<b>(2 couples, facing)</b>		<b>== In 4 ==</b>
V1:	Double fwd to meet Corner; Partners Slip L 2 steps, Slip R 2 steps	1;1
	Turn Single out of list (Lds L, Lys R); Turn single into set	1;1
	Double fwd to meet Corner & pass through; Switch w/ Ptnr; Turn Single	2;1;1
Ch1:	Lds fall back a Double as Lys Turn Single, Lds switch by L hand	1;1
	Corners take R hand & turn 1 1/2 times	2
	Lys fall back a Double as Lds Turn Single; Lys switch by R hand	1;1
	Partners take L hands & turn 1 1/2 times (to orig place)	2
V2:	Double fwd to meet Corner & pass through; Set & turn; Repeat	2;2;4
Ch2:	Lds meet & honor; Lys same; Circle L halfway slipping; Turn Single	1;1;1;1
	Lys meet & honor; Lds same; Circle L halfway (to place); Turn Single	1;1;1;1
V3:	Double Fwd to meet Corner; 2 Slip steps out, then in w/ Corner	1;1
	Lds cast over L shoulder, through Ptnr's place to place, as Ptnrs follow	2
	Ptnrs Double back; Ptnrs Switch, Ly in front	1;1
	Lds Gypsy & fall back to place, Lys doing same as Lds cross in middle	2
Ch3:	Lds meet & Honor; Lys same; Star R once around	1;1;2
	Lys meet & Honor; Lds same; Star L & fall into line to honor presence	1;1;2
<b>Sellinger's Round</b>		<b>(Playford 1670)</b>
<b>(Couples in a circle)</b>		<b>== In 4 ==</b>
V1	Slide L; Slide R	2;2
Ch	Lys Double fwd & clap; return to place; Set & turn (Facing ptnr)	1;1;2
	Lds Double fwd & clap; return; set & turn	1;1;2
V2	Beerhall Run Take hands, Doublein (whooping) & out (2x)	2(2x)
	Repeat Chorus	8
V3	Side R with your partner; Side L with your partner	2;2
	Repeat Chorus	8
V4	Arm R with your partner; Arm L with your partner	2;2
	Repeat Chorus	8
<b>Shepherd's Holiday/Labour in Vaine</b>		<b>(Playford, 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1:	Double fwd & back; Switch w/ Ptnr; Double down & back; Switch	2;1;2;1
Ch1:	C1 slip down in front of C2; C3 slip up behind C2 to create line	1;1
	Ld1 & Ly1 each cast to L, leading gender lines to org places	2
	Repeat Chorus w/ C3 leading the slipping	4
V2:	Side R; Switch w/ Ptnr; Side L; Switch w/ Ptnr	2;1;2;1
Ch2:	Lds join hands & back a Double as Lys same	1
	Lds meet & make circle as Lys same; All circle L	1;2
	Gender lines back a Double, drop hands & meet backwards	2
	Join hands backward & circle L facing out to place	2
V3:	Arm R; Switch w/ Ptnr; Arm L; Switch w/ Ptnr	2;1;2;1
Ch3:	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	1;1;2
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch	1;1;2

## English Country

---

<b>Spanish Jeepsie</b>		<b>(Playford, 1651)</b>
<b>(4 Couples in a line)</b>		<b>==In 4==</b>
V1:	Double fwd & back (2x)	2(2x)
	Turn your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ptrn	1;1;2
Ch1:	End Couples Fwd & Back a Double (down the middle of the set)	2
	Turn your back to opp; turn to face opp; Full gypsy R, then L with opp	1;1;4
	Repeat ch w/ middle two couples	8
V2:	Side R with your partner; Side L with your partner	2;2
	Turn your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ptrn	1;1;2
Ch2	Same as Ch1, except replace full gypsies w/join hands for 4 & circle L&R	16
V3:	Arm R with your partner; Arm L with your partner	2;2
	your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ptrn	1;1;2
Ch3:	Same as Ch1, except replace full gypsies R hand star then L hand star	16

<b>Stingo</b>		<b>(Playford, 1651)</b>
<b>(3 Couples in a line, facing)</b>		<b>==In 4==</b>
V1	Double back & fwd (away & tog); Double fwd & back (tog up hall)	2;2
Ch1	Lds R hand star; All set & turn; Lys L star; All set & turn	2;2;2;2
V2	Partners Side R & L	4
Ch2	Double to L & turn; Double R & face; Set & turn	1;1;2
	Double to R & turn; Double L & face; Set & turn	1;1;2
V3	Partners Arm R&L	4
Ch3	C1 double to cross & face C2; C1 Set to C2 (Ld1 to Ly2) & Set to C3	1;1
	C1 go back to place passing betw C3 & C2 & crossing at top of set	2
	C1 cast & return to place in 1 Double; C1 two hand turn in 1 Double	1;1
	C1 cast off and end at bottom of line, creating new C1	2

<b>Tracks of the Wolf</b>		<b>(SCA Choreography)</b>
<b>(Longways &amp; circle for 4 couples)</b>		<b>==In 4==</b>
P1	Rev to ptrn; Double fwd, pass ptrn by R; single fwd	1;1; ;½
	Face ptrn; Double fwd, pass L; face ptrn, Take R hands; Rev ½;1;1;2	
P2	C1 turn & face down line; C2 to Lys' side & face; C3 to Ld's side	1;1;1
	C4 move forward, completing a square of couples	1
P3	Side R&L w/ ptrn; Set & turn; Side R&L w/corner; Set & turn	4;2;4;2
P4	C1 & C4 to center; Turn Ly under into Ld place & turn to face out	1;1
	Move back to place; Turn Ly into orig place & turn to face in	1;1
	As C2 & C3 Turn Ly under into Ld place; move away from center	1;1
	Turn Ly under & into orig place; Move back to orig place	1;1
P5	Repeat Part 3 using arming	12
P6	Repeat Part 4 switching couple directions	4
P7	Ly form R hand star, move halfway around circle to opposite	1
	Ly extend L hand to opposite's L, turn under Ld arm & walk behind	1
	Ly form R hand star, move halfway around circle to partner	1
	Ly L hand to ptrn's L, Ld kneel, Ly around Ld & Rev or on Ld knee	1

## English Country

---

<b>Sweet Nothings</b>		<b>(SCA Choreography)</b>
<b>(2 Couples facing)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x); Set and turn	2(2x); 2
Ch	Lead Partner out & back a Double; Lead your Corner the same	2;2
V2	Hands 4 & Circle L, then R; Set & turn; Repeat Chorus	4;2;4
V3	Lds Side L&R; Set & turn; Repeat Chorus	4;2;4
V4	Lys Side L&R; Set & turn; Repeat Chorus	4;2;4
V5	Arm w/ Partner R&L; Set & turn; Repeat Chorus	4;2;4

<b>Two Fat Ladies</b>		<b>(SCA Choreography , 18<sup>th</sup> C style)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Ends pull past partner by R hand & face center, as Centers $\frac{1}{2}$ R hand star & turn to face nearest End couple dancer; pull past that person by R hand That again (switching End & Center roles) 3x	1 1 2(3x)
P2	Lines double to meet; Centers fall back double as Ends bend in the line Lds Star R & Lys Star L, crossing over as they go down the middle & leading out of the star on the other side to form longways set; honor your own Lds Star L & Lys Star R, again crossing over & forming longways set Progress: Couple 1 takes hands and leads down the middle to take C4 position as other couples move up one place.	1;1 2;1 2 1

<b>Upon a Summer's Day</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>== In 4 ==</b>
V1:	Double fwd & back; set & turn single (2x)	2;2 (2x)
Ch:	Lines fwd & back a double (to and from other gender line) C1 split & under arch on own side to C3 position; repeat 2x	2 2;8
V2	Side R; set & turn; Side L; set & turn; Chorus	2;2;2;12
V3	Arm R; set & turn; Arm L; set & turn; Choruse	2;2;2;12

<b>Whirlygig</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>==In 4==</b>
Verse 1	Double fwd & back (2x)	2(2x)
Chorus 1A	Mushrooms – C2 pass up between C1 & cast to place; C2 cross over & go around C1 to place; Face down & do same between C 3	2;2;4
Chorus B	C1 cast to bottom & make arch; C2 & C3 follow & go through to new place (Order of set is C2, C3, C1); Repeat entire chorus (2x)	2;2;12;12
Verse 2	Side R with your partner; Side L with your partner	2;2
Chorus 2A	Triangle-Heys - Ld2 pass through C1 passing Ly1 by R shoulders & Hey for 3 w/ C1 as Ly1 does the same w/ C3 Same w/ Ld2 through C3 by L shoulders & Ly2 w/C1; Chorus B Repeat entire chorus (2x) until all are back to original place	4 4;4 12;12
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Chorus 3A	$\frac{1}{2}$ Cast to Star – C1 & C2 $\frac{1}{2}$ cast down & to place; R hand Star Repeat w/ C2 & C3 casting up in L hand star Repeat Chorus B; Repeat entire chorus 2x	2;2 4 4;12;12

## English Country

---

### Woodcock

(Playford 1651)

(3 couples in a line)

==In 4==

Verse 1	Double fwd & back (2x); Set & turn (2x)	2(2x); 2(2x)
Chorus 1	Couple 2 lead up between C1, cast off, return to place	2
	Couple 2 lead down between C3, cast off, return to place	2
	Set & turn (2x)	2(2x)
Verse 2	Side R with your partner; Side L with your partner; Set & turn (2x)2;2; 2 (2x)	
Chorus 2	Ld2 cross over & circle Ly1 to place as Ly 2 cross & circle Ld 1 to place 2	
	Ld2 cross and circle Ly3 to place as Ly2 circle Ld3; Set & turn (2x) 2;2(2x)	
Verse 3	Arm R with your partner; Arm L with your partner; Set & turn(2x) 2;2;2(2x)	
Chorus 3	Lds Hay; Set & turn (2x); Lys Hay; Set & turn (2x)	2; 2(2x);2;2(2x)
	Double Hay; Set & turn (2x)	2; 2(2x)

## Progression Dances

---

### Female Sailor

(Recueil de Contradances 1706)

(Couples in a line)

==In 4==

(A) Up through line, around outside, & back to place	2
(A) Down through line, around outside, & back to place	2
(A) Cross over & down through line, around outside into ptrn's place; 2 hand turn	2;2
(A with l) (A face down set, l up) Back to back; Two hand turn	2;2
All with partner Back to back	2
(A) 1/2 two hand turn, cast off & move down the set as	
(l) full two hand turn, moving up the set	2

### The Fryar and the Nun

(Playford 1651)

(Couples in a line)

== In 4 ==

Intro: Lds Double fwd & turn single, face down hall Lys same	2;2
Lys Double down hall & turn single, face ptrn; Lds same	2;2
V1 Lds1&2 back a Double & turn single; Lys1&2 same	2;2
Grand R&L start w/ ptrn (2 Doubles);,then corner (1 Double);,then ptrn	2;1;1
Repeat pattern until all are back to original places	8(Nx)
V2 Lds1&2 take hands & trade places; Lys1&2 the same	1;1
Keeping hands, slip to center; turn single	1;1
Hands around to circle halfway; all turn single	1;1
R hand Star halfway around; turn single	1;1
Repeat pattern until all are back to original places	8 (Nx)

### Half Hannigan

(Playford 1651)

(Circle of couples)

== In 4 ==

Double fwd & back (2x); Partners side R & L	2 (2x); 4
Partners arm R once around; arm L 1 1/2 times to pass on to new partner	2;2

## Progression Dances

---

<b>A Health to Betty</b>		<b>(Playford 1651)</b>
<b>(couples in a line)</b>		<b>== In 4 ==</b>
V1:	Double fwd & back, Set & turn (2x)	4(2x)
Ch1:	C1 side R; C1 turn 1½ times to switch; C1 face down & same w/C2	2;2;4
	Continue pattern w/ all couples until all return to place	8 (Nx)
V2:	Side R, Set & turn, Side L; Set & turn	2;2;2;2
Ch2:	C1 face & fwd & back a Double; C1 cast down 1 place as C2 move up	2;1
	C1 full turn; continue pattern w/ all couples until all to place	1;4 (Nx)
V3:	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
Ch3:	C1 fall back a Double & meet; C1 slip into C2's place (C2 up) & turn single	2;2
	Continue pattern w/all couples until all to place	4 (Nx)

<b>Hole in the Wall</b>		<b>(Playford 1696)</b>
<b>(Couples in a line)</b>		<b>== In 6 ==</b>
(A) Rev,	Cast down through IC & to place, Rev; (I) same, casting up through AC	2;2
(A Ld, I Ly) Rev,	switch, Rev; (I Ld, A Ly) Rev, switch, Rev	1;1
Hands around halfway;	(A) cast down 1 place as (I) pass up betw them	1;1

<b>Jamaica</b>		<b>(Playford 1670)</b>
<b>(couples in a line)</b>		<b>== In 4 ==</b>
P1	C1 takes R hands 1 <sup>st</sup> beat, L hands 3 <sup>rd</sup> beat; turn halfway	1;1
	C1 face C2, take hands similarly; turn halfway	1;1
	C1 full figure eight through C2, half turn to end proper	4
	Repeat pattern until all are back to original places (C1 start P2 when C2 free)	
P2	Ld1 & Ly2 two hand turn; Ly1 & Ld2 two hand turn	2;2
	Lds turn two hands 1½ while Lys turn two hands 1½	2
	All turn own partners 2 hands; Repeat pattern to orig places	2;8(Nx)

<b>Jog On</b>		<b>(Playford 1651)</b>
<b>(couples in a line)</b>		<b>== In 4 ==</b>
Intro:	Double fwd& back, Set & turn (2x)	4(2x)
V1:	Ld1 pull Ly1 twd himself, then push away; Ld1 push Ly1 betw C2	1;1
	Ld1 join hands w/ C2 & circle Ly1	2
	Repeat pattern until all are back to original places	4(Nx)
V2:	Ld1 push Ly1 around Ly2 into C2's position (C2 moves up)	2
	C1 two hand turn; Repeat pattern until all back to original places	2;4(Nx)
V3:	C1 pass by R and stand behind C2; C1 push C2 diag up hall & make kiss	1;1
	C1 arm R; Repeat pattern until all back to original places	2;4(Nx)
V4:	C1 cast into C2 place as C2 double fwd & back up into C1's place	2
	C1 arm R; ; Repeat pattern until all back to original places	2;4(Nx)

## Progression Dances

---

### Juice of Barley (Playford 1689) (couples in a line) == In 4 ==

Back to back with partner; Two hand turn with partner 2;2  
Lds half figure 8 between Lys into other Ld 's place 2  
Clap (on down beat), Circle hands four, once around 2  
Lys half figure 8 as Lds did; Clap & circle 2;2

### My Lady Cullen (Playford 1651) (couples in a line) == In 4 ==

P1 Double fwd & back (2x); Set & turn single (2x) 2(2x); 2 (2x)  
P2 (A) Cross by R shouldrs & behind (l); Cross R again to outside of (l) 1;1  
Taking hands 4 abreast, fwd & back a double to orig place 2  
R hand star; L hand star 2;2  
P3 (A) cast out & below (l) & slip up betw; (l) cast out & above (A) & slip betw 2;2  
Arches (A) slip under (l) as (l) slip up; (l) under as (A) up; set & turn 2;2  
P4 Cross as in P2 4  
Clap & (A) Ly & (l) Ly arm 1½ times as Lds do same; arm w/ partner 2;2

### The Queen's Jigg (Playford 1701) (Couples in a line) == In 4 ==

Part A: Ld1 side to Ly2, then set & turn; Ld2 side to Ly1, then set & turn 4;4  
Part B: Ld1 & Ly2 switch; Ld2 & Ly1 switch; Double back, Switch w/ own 1;1;1;1  
R hand star; Turn Single; Repeat dance as desired 3;1; 16 (Nx)

### Paul's Steeple (Playford 1651) (couples in a line) == In 4 ==

V1: Double fwd & back, Set & turn (2x) 4(2x)  
Ch1: C1 take near hands facing C2; Ld1 lead Ly1 a Double to Ly2 1;1  
Ld1 take Ly2 w/ R hand; Ld1 slip w; Lys1&2 to C1's place 1;1  
Ly2 cast to place; Ly1 same; Ld1 cast & turn to place 1;1;2  
Continue pattern w/ all couples until all return to place 8(Nx)  
V2: Side R, Set & turn, Side L; Set & turn 2;2;2;2  
Ch2: C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2 1;1  
Ld1 1 take Ly2 w/ R hand; Ld1 slip w' Lys to C1's place 1;1  
Ld1 kiss Ly2's hand; Ld1 kiss Ly1's hand; All turn to place 1;1;2  
Continue pattern w/ all couples until all return to place 8(Nx)  
V3: Arm R, Set & turn, Arm L; Set & turn 2;2;2;2  
Ch3: C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2 1;1  
Ld1 1 take Ly2 w/ R hand; Ld1 sets Lys back to back in center 1;1  
Ld1 kiss Ly2; Ld1 kiss Ly1; All turn to place 1;1;2  
Continue pattern w/ all couples until all return to place 8(Nx)

## Progression Dances

---

### Peppers Black

(Playford 1651)

(Circle of Couples, numbered CW)

== In 4 ==

- P1 Slide L; Slide R; Set & turn (2x) 2;2;2(2x)
- P2 C1 Fwd & back to C2 (2x); Turn Corner; Turn Partner 2(2x);2;2  
Continue pattern until back to place, w/other couples following & performing  
The same pattern in order (Note: C2 starts when C1 gets to C4) 8 (mult x)
- P3 C1 Fwd & back to C2 (2x); Hey, Lds start passing R 2(2x);4  
Continue until back to place w/ other couples following 8 (mult x)
- P4 C1 & Ld2 Fwd & back (2x) 2(2x)  
Ld1 turn body ½ turn L, pulling Ly1 under L arm's arch 2  
Ld 1 pull Ld2 under R hand's arch; Ld 1 drop L hand & ½ turn R w/ Ly1 2  
Repeat w/ Ly 2; Continue til back to place, other couples following 4;8 (mult x)

### Rose is White and Rose is Red

(Playford 1651)

(Couples in a circle, numbered CCW)

== In 4 ==

- V1 Holding hands, Double fwd & back; Set & turn; repeat 2;2;4
- Chorus 1 C1 Fwd & back to Ld2; C1 take hands w/Ld2 & circle; repeat w/ Ly2 2;2;4  
Continue pattern until back to place, w/other couples following & performing  
The same pattern in order (Note: C2 starts when C1 gets to C4) 8 (mult x)
- V2 Side R, Set & turn, Side L; Set & turn 2;2;2;2
- Chorus 2 C1 Fwd & back to Ld2; C1 hey w/Ld2, Ld 1 starting; repeat w/ Ly2 2;2;4  
Continue until back to place w/ other couples following 8 (mult x)
- V3 Arm R, Set & turn, Arm L; Set & turn 2;2;2;2
- Chorus 3 C1 Fwd & back to Ld2; Ld2 pass under C1 arch, C1 full turn 2;2  
Repeat w/ Ly2; Continue til back to place, other C's following 4; 8 (mult x)

### The Scotch Morris

(Playford 1726)

(Couples in a line)

== In 4 ==

- ALd set to lLy & turn single; ALd turns his own; ALy same w/ lLd & own 2;2;4
- AC Figure 8 around lC to place; AC Clap & cast down hall 1 place 3;1
- ALd switch w/ lLy; ALy switch w/ lLd; Hands around halfway; turn single 1;1;1;1

### Stanes Morris

(Playford 1651)

(couples in a line)

== In 4 ==

- P1: Double fwd & back; that again 2;2  
Turn & Double L; Turn & Double R; Set & turn (2x) 1;1;2(2x)
- P2: Ld1 approach last Ly; Ld1 & last Ly side R; they take R hands, then L 2;2;2  
Ld1 & last Ly ½ turn to L & kiss; ½ turn to R & kiss; go to top of set 1;1;2
- Repeat dance until all Lys have been active; Can have Ld1 cast to bottom on repeat.

## Progression Dances

---

<b>Trenchmore</b>	<b>(Playford 1722)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Double forward & back (2x)	2(2x)
C1 take 3 steps fwd, & cast, leading other couples to bottom of set then to place	4
C1 face down & go under C2's arched hands, Over next C, etc, til all to place	1(Nx),
C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line	8(Nx)
Repeat the dance with the new C1	

<b>Up Tailles All</b>	<b>(Playford 1651)</b>
<b>(about 4-7 couples in a circle, numbered CCW)</b>	<b>==In 2==</b>
P1 Double fwd & back; set & turn; repeat	4;4 (2x)
P2 C1 lead out between C2 & cast to inside & clap; C1 arms R	4;4
C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)
P3 C1 lead & cast as in P2, C1 & C2 clap	4
take R hands across once round	4
C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)
P4 C1 lead & cast as in P2, C1 & C2 clap	4
take hands & circle once round	4
C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)

## Dances from the Gresley Manuscript, circa 1500

---

<b>Le Bens Distonys</b>	
<b>(Couples)</b>	<b>== in 4 ==</b>
Inside Single, Outside Single; Double	1;1
Ld Double fwd & turn to face as Ly Double back	1
Double into ea other's original place (facing fwd)	1
Ly Double fwd & turn to face as Ld Double back	1
Double to own original place (facing fwd)	1
(together) Single fwd, Single back; turn single	1;1

<b>Eglamour</b>	
<b>(3 people, single file)</b>	<b>== in 6 ==</b>
Trace- 6 doubles	12
1 at a time, 3 singles fwd; 1 at a time cast to back in 2 doubles	6;12
1 at a time, cast L forward	6
1 & 3 switch in 2 doubles as 2 turns single; 2 cast to head of line	4;2
Repeat twice more with new leader.	

<b>Grene Gynger</b>	<b>== in 6 ==</b>
Single fwd, Single back, double fwd; Repeat	1;1;2;4
Heart: 2 Singles moving away from ptnr; 1 Double casting to face	2;2
2 Slip steps down the hall holding leading hands; turn back to back	1;1
Still holding hands, 2 slip steps up the hall; turn to face	1;1
turn L, double away from your partner; turn, return in a double & face	2;2
Double back from partner and fwd to meet	4
Heart: facing down the hall, same as above	4

## Dances from the Gresley Manuscript, circa 1500

---

### New Yer de Tribus

(set of 3 people in a file)

	<b>== in 6 ==</b>
4 Doubles fwd	8
Ld1 Double away; Ld2 Double to catch up; Ld3 same	2;2;2
All half turn in a Double 3x	2(3x)
Ld3 Double away; Ld2 Double to catch up; Ld1 same	2;2;2
All half turn in a double to reset in orig direction	2

### Prenes a Gard

(set of 3 people abreast)

	<b>== in 6 ==</b>
A: Trace- 12 piva	12
B1: 1st jump, 2nd jump, 3rd turn	1;1;2
B2: 3rd jump, 2nd jump, 1st turn	1;1;2
B3: 1st jump, 3rd jump, 2nd turn	1;1;2
C: 2nd 3singles forward, 1& 3 3 singles back	3
1st turn; 2nd 1/2 turn; 3rd jump	3
D: 1st & 3rd switch, 2nd through (2 doubles)	4
E: 1st turn, retrett, rake; 2nd turn, rake, retrett	
3rd retrett, rake, turn	4
F: flowrdelice; double to place	2;2
(The B parts happen sequentially. In parts C, D, and E each person does their own steps simultaneously)	

### Rawty de Duobus

(couples)

	<b>== in 6 ==</b>
Single fwd, Single back; Double fwd w/stomp; Double back w/stomp; repeat	2;2;2;6
Ld Single fwd, Single back, Double Fwd & turn; Both 3 kicks; Double to meet	4;2;2
Gallo L ; 3 Kicks; Double fwd to meet	2;2;2

### Talbott

(couples)

	<b>== in 3 ==</b>
A: Trace 18 piva (end turning to face)	18
B1: Single L fwd, Single R back, double fwd, passing R sh (pause)	2;2;1
B2: Brawle L&R (facing),double fwd, not passing (pause)	2;2;1
C: Single L forward, single R back, take R hands, switch in 3 singles.	5
D: 2 doubles forward, taking ordinary hands. (pause)	5
E: Rake L&R, full turn in place.	2;3
REPEAT	

### Steps in Gresley Dances

---

Trett- Step forward & close

Retrett- Step backward & close

Brawle- Step sideways

Rake- Step diagonally forward, with a sweeping motion

Flowrdelice- 3 kicks

## Other Dances

<b>Korobushka</b>	<b>(Russian - 20th C. Folk Revival)</b>	
<b>(Couples facing CCW around a circle)</b>		<b>== In 4 ==</b>
Part 1:	Step RR; Step LL; Step R L; Face partner	1;1;1;1
Part 2:	Spin away & clap; Spin back & clap (take hands)	1;1
	Come together & apart; switch sides	1;1
Part 3:	Repeat Part 2 to get to original position	4
<b>Quen Quer Que na Virgen Fia</b>	<b>(SCA choreography)</b>	
<b>(circle)</b>		<b>== In 4 ==</b>
V	Double L&R; Single L&R; Double L; Single R	2;1;1;½
	Same, but spin on 1 <sup>st</sup> Double L; Same but spin on 2 <sup>nd</sup> Double L	4½;4½
	Same but spin on both Doubles L	4½
Ch	Same pattern of steps, but Spirial in & out (moving L) on Double L&R (2x)4½(2x)	
	Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)	
<b>Road to the Isles</b>	<b>(Scottish 19th C. style - SCA Choreography)</b>	
<b>(Couples)</b>		<b>== in 4 ==</b>
	Point L foot, Step behind L, to the side R, cross forward L, Point R foot	2
	Step behind R, to the side L, cross forward R, Point L foot, Step back L	2
	Step LRL hop; Step RLR hop & turn; Step LRL hop & turn; Back RLR hop	1;1;1;1
	Step LRL hop & turn; Back RLR hop; Step LRL hop & turn; Back RLR hop	1;1;1;1
	Ld walks forward with Ly turning under R arm	4
	Come together, apart, & move back into original position	2
<b>Saltarello II (Prendente in Gyro)</b>	<b>(SCA choreography)</b>	
<b>(Circle of 3 or more couples)</b>		<b>== In 4 ==</b>
A	Beginning L, double in; double out	1;1
	Palm R with partner & switch in a double	1
	Palm L with partner & switch back in a double	1
	Palm R with contrary & switch; take hands in a circle	1
B	Beginning R, double in & drop contrary's hand	1
	Convert a double with partner; double out	1;1
	Dropping hands, palm R with partner & switch in a double	1
	Palm L with partner & switch in a double	1
C	Hey in 4 doubles, Lds CCW, Lys CW pass 4 people beginning with R shoulders & alternating	4
	Repeat Part A; B	5;5
D	Palm L with partner & switch in a double (completing circle)	1
	Figure 8 circle around counter in 2 doubles, passing R shoulders	2
	Circle around partner in 2 doubles, passing L shoulders	2
	Circle around counter in 2 doubles, passing R shoulders	2
	Repeat Part A; B; D	5;5;7
	Repeat Part A;B; C; A	5;5;4;5
Close	In & out a double, honors	1;1

## Other Dances

---

### Saltarello la Regina

(SCA choreography)

#### (Couples)

V1	Inside single; Outside single	1½;1½
Ch	Inside double; Outside single away from your partner	1;½
	Inside single toward your partner; Outside double backward	½;1
V2	Repeat V1; Chorus	1;3
V3	Ld turn under Ly's arm in 2 inside singles; Ly same under Ld's arm	1;1
Chorus		3
V4	Repeat V3, Ly turning first; Chorus	2;3
V5	Ld circles around Ly in 4 singles; Chorus	2;3
V6	Repeat V5, Ly circling; Chorus	2;3
V7	The couple joins both hands & turns in a CW circle in 6 singles	3
Chorus		3
V8	Repeat V7, circling in the opposite direction; Chorus	3;3

## Index

---

<b>A</b>		
Adson's Saraband		34
Alenchon		7
All in a Garden Green		34
Allegrezza d'Amore	/Caroso	18
Alta Regina	Carolingian Accademia/Caroso	19
Altezza d'Amore	Etienne de Clermont/Caroso	18
Amoroso (Nürnberg)	Thea of Jaravellir	10
Amoroso		10
Anello	Sion Andreas o Wynedd/Domenico	10
Argeers		34
Aridan Bransle		4
<b>B</b>		
Ballo del Fiore (for 2)	Teleri ferch Morgant ap Rhys/Caroso	19
Ballo del Fiore (for 3)	Joanna of Beechwoods/Caroso	19
Barcelonne		8
Beggar Boy		34
Belfiore	Rosina del Bosco Chiaro/Domenico	11
Bella Gioiosa	Etienne de Clermont/Caroso	20
Belle Qui Pavanne	/Ingrid Brainard	2
Belreguardo	Rosina del Bosco Chiaro/Domenico	11
Bens Distonys	/Emma Dansmeyla & Robyn Whistler	59
Bizzaria d'Amore	/Negri	21
Black Alman		4
Black Nag		35
Boate Man	Saltatoris Guild/	35
Bonny Bonny Broom	Saltatoris Guild/	35
Brando di Cales	Sion Andreas o Wynedd/Negri	22
Bransle Aridan		4
Bransle Burgundian		4
Bransle Cassandra		5
Bransle Charlotte		5
Bransle de la Haye	Sion Andreas o Wynedd	5
Bransle de Malte	Felice Debbage	6
Bransle de Poitou	Darius	6
Bransle d'Escosse	Darius	7
Bransle Double		5
Bransle Pinagay		6
Bransle Simple		7
Bransle Single		7
Burgundian Bransle		4
Burley Mariners	/Dafydd Arth	35
<b>C</b>		
Candida Luna	Guillaume di San Marino/Caroso	22
Candlestick Bransle		5
Carolingian Pavanne	/Ingrid Brainard	2

Cassandra		5
Castellana	Etienne de Clermont/Caroso	22
Castile la Novele		8
Casuelle Nouvelle		8
Charlotte		5
Chestnut		36
Chiara Stella	Julian ferch Rhys/Caroso	20
Chiaranzana	Angene Feves & Jane Peck/Caroso	23
Chirintana	Judith of Northumbria/	11
Clogs' Bransle	Henry of Maldon	5
Colonnese	/Guglielmo	11
Confesse		36
Contentezza d'Amore (Il Ballaroni)	Urraca Yriarte de Gamboa/Caroso	23
Contentezza d'Amore (Nobiltà di Dame)	Urraca Yriarte de Gamboa/Caroso	23
Conto Dell'Orco	Guillaume di San Marino/Caroso	24
Contrapasso	Margaret Roe/	24
Contrapasso in Due	Teleri ferch Morgant ap Rhys/Caroso	24
Coronita Gentile	Rosina del Bosco Chiaro/Guglielmo	9
Crossed Purposes	/Sion Andreas o Wynedd	36
Cuckolds All A Row		37
<b>D</b>		
Danse de Cleves		8
Dargason		37
Dolce Amorsa Fiamma	Urraca Yriarte de Gamboa	24
Donna Leggiadra	Diana Cruickshank/Caroso	25
Double Bransle		5
Dull Sir John	Saltatoris Guild/	37
<b>E</b>		
Earl of Essex Measure		3
Earl of Salisbury Pavanne	Guillame di San Marino/Mabel Dolmetch	2
Eglamour	Cait Webb	59
Epping Forest	Saltatoris Guild/	37
Escosse Bransle	Darius	7
<b>F</b>		
Faine I Would If I Could		38
Fedelta	Alina Foxwood/Caroso	25
Fedelta d'Amore	Sion Andreas o Wynedd/Negri	26
Female Sailor		55
Fia Giuelmina	Rosina del Bosco Chiaro/Domenico	12
Fiamma d'Amore	Various/Caroso	25
Fine Companion		38
Five Hundred Pound Canaries Bransle	/Sion Andreas o Wynedd	6
Fryar and the Nun		55
Fulgente Stella	Alina of Foxwood/Caroso	26
Furioso	Sion Andreas o Wynedd/Caroso	27
<b>G</b>		
Galliard Variations	Felice Debbage/Compasso	33

Gathering Peascods		38
Gelosia	/Domenico	12
Gentilezza D'Amore	Adele Desfontaines/Caroso	27
Ginevra Weasley	Rosina del Bosco Chiaro/Guglielmo	8
Gioioso in Tre	Rosina del Bosco Chiaro/Guglielmo	12
Giove	Maurin Lessault/Domenico	13
Glory of the West	James Blackcloak	39
Goddesses		39
Golden Pavanne	/Sion Andreas o Wynedd	2
Gracca Amorosa	Urraca Yriarte de Gamboa/Caroso	27
Gratioso	Lowrie Leulyn/Negri	28
Graziosa	Rosina del Bosco Chiaro/ Guglielmo	12
Grene Gynger	Emma Dansmeyla & Martin Bildner	59
Griffoné d'Oro (A Lieta Vita)	/Alina of Foxwood	28
Grimstock		39
<b>H</b>		
Half Hannigan		55
Haye Bransle	Sion Andreas o Wynedd	5
Health to Betty	Felice Debbage	56
Health, the	James Blackcloak	40
Heart's Ease		39
Heralds in Love	/Iulstun Sigewealding	40
Hermit's Bransle	Darius	5
Hit and Misse		40
Hockley in the Hole	Aaron Drummond	41
Hole in the Wall		56
Horses' Bransle	Henry of Maldon	5
Hyde Park		41
<b>I</b>		
If All the World Were Paper		41
Il Bianco Fiore	Aidan Morgana Evans/Negri	21
Irish Gypsy	/Dafydd Arth	42
<b>J</b>		
Jack Pudding	Saltatoris Guild	42
Jamaica		56
Jenny Pluck Pears		42
Jog On	Felice Debbage	56
Jouissance Vous Donneray		8
Juice of Barley	Cecil Sharpe/	57
<b>K</b>		
Kelsterne Gardens		43
Kemps Jegg	Felice Debbage	43
Kettle Drum		43
Korobushka		61
<b>L</b>		
Labour in Vaine	See Shepheard's Holiday	52
Laccio d'Amore	Etienne de Clermont/Caroso	29

Lady Cullen		57
Lady Layton's Measure	Richard Powers	4
L'Amoroso (Nürnberg)	Thea of Jaravellir	10
Lauro	Brainard/Lorenzo de Medici	9
Le Bens Distonys	Emma Dansmeyla & Robyn Whistler	59
Leggiadria d'Amore	Urraca Yriarte de Gamboa/Caroso	29
Leoncello Novo	/Domenico	13
Leoncello Vecchio	/Domenico	13
Lo Spagnoletto	Etienne de Clermont/Negri	30
Lorayne Alman		4
Lord of Carnavan's Jegg		44
Lord Sun & Lady Moon	/Dafydd Arth	44
Loup Courant Pavanne	/Michaela de La Chesnaye des Bois	2
Lull Me Beyond Thee	Gwommy Anpurpaidh	44
<b>M</b>		
Madam Sosilia's Alman		3
Mage on a Cree		45
Maid Peeped Out the Window		45
Maltese Bransle	Felice Debbage	6
Maltese Bransle (SCA)		6
Maraviglia d'Amore	Diana Cruickshank /Caroso	29
Marchesana	Rosina del Bosco Chiaro/Domenico	13
Mayden Lane	Aaron Drummond	45
Mercantia	Rosina del Bosco Chiaro/Domenico	14
Merry Merry Milk Maids	/Aaron Drummond	45
Milke-Mayds Bobb	Saltatoris Dance Guild	46
Monsieur's Alman	see Earl of Salisbury Pavanne	2
Montarde Bransle		6
Mordred's Lullaby	/Rosina del Bosco Chiaro	9
Moys de may		8
My Lady Cullen		57
<b>N</b>		
New Alman		4
New Exchange	Saltatoris Dance Guild	46
New Yer de Tribus	Emma Dansmeyla & Martin Bildner	60
Newcastle	Gwommy Anpurpaidh	46
Night Peece	Felice Debbage	46
Nonesuch	Gwommy Anpurpaidh	47
North Towern	/Alexander of Mistig Waetru	47
<b>O</b>		
Official Bransle	Felice Debbage	6
Old Alman	Traehern & Janelyn	3
Old Mole		47
On the Banks of the Helicon	/Daffyd Arth	47
Oranges & Lemons		48
<b>P</b>		
Parson's Farewell		48

Pauls Steeple	Felice Debbage	57
Pease Bransle		6
Pennsic Dance	/James Blackcloak	48
Peppers Black	Felice Debbage	58
Petit Vriens	Brainard&Rosina/Guglielmo	14
Petite Rose	Judith of Northumbria/	14
Picking of Sticks		49
Pinagay Bransle		6
Pizocara	Rosina del Bosco Chiaro/Domenico	14
Poitou Bransle	Darius	6
Pendente in Gyro	/Ihon Vinson macFergus	61
Prenes a Gard	Cait Webb	60
Prexonera	Delbert von Straßburg/Domenico	15
Prince William's Hey		49
Puzzle Box	/Dafydd Arth	50
<b>Q</b>		
Quadran Pavanne		3
Queen's Alman		3
Queen's Jigg	Felice Debbage	57
Quen Quer Que na Virgen Fia	/Sion Andreas o Wynedd	61
<b>R</b>		
Rawty de Duobus	Emma Dansmeyla & Martin Bildner	60
Return of Spring	/Ellisif Flakkari	49
Riunione	/Rosina del Bosco Chiaro	10
Road to Lisdoonvarna	/Brodeur	50
Road to the Isles		61
Rondo Tutti Battuti	/Sion Andreas o Wynedd	6
Rose is White and Rose is Red	Felice Debbage	58
Rosina	Rosina del Bosco Chiaro/Guglielmo	15
Rostiboli Gioioso	Rosina del Bosco Chiaro/Domenico	15
Rufty Tufty		51
<b>S</b>		
Saint. Martin's	Aaron Drummond	52
Saltarello II	/Ihon Vinson macFergus	61
Saltarello la Regina	/Geffrei Louarn de Kaermeriadec	62
SCA Maltese Bransle		6
Scotch Cap		51
Scotch Morris	Felice Debbage	58
Scottish Bransle	Darius	7
Sellinger's Round		52
Shepherd's Holiday	Felice Debbage	52
Simple Bransle		7
Single Bransle		7
Sionnan's Shamrock	/Dafydd Arth	42
Spagnoletta Regolata	/Caroso	30
Spagnoletto	Etienne de Clermont/Negri	30
Spanish Jeepsie		53

Spero	Rosina del Bosco Chiaro/Domenico	15
St. Joan	/Sion Andreas o Wynedd	51
Stanes Morris	Felice Debbage	58
Steps - 15 <sup>th</sup> C Italian Dance		17
Steps - 16 <sup>th</sup> C Italian Dance		32
Steps - Alman		4
Steps - Bransle		7
Steps - Gresley		60
Steps - Pavannes		2
Stingo		53
Sweet Nothings	/Sion Andreas o Wynedd	54
<b>T</b>		
Talbott	Cait Webb	60
Tesara	Rosina del Bosco Chiaro/Domenico	16
Tinternell	Treahem & Janelyn	3
Torch Bransle		5
Tomeo Amoroso	Etienne de Clermont/Caroso	31
Tracks of the Wolf	/Michaela de La Chesnaye des Bois	53
Trenchmore		59
Trihory of Brittany	Darius	7
Turkelone	Traehem & Janelyn	3
Turkish Bransle		6
Two Fat Ladies	/Sion Andreas o Wynedd	54
<b>U</b>		
Up Tailles All	Henry of Maldon	59
Upon a Summer's Day		54
<b>V</b>		
Verçepe	Rosina del Bosco Chiaro/Domenico	16
Villanella	Teleri ferch Morgant ap Rhys/Caroso	32
Villanicco	Etienne de Clermont/Negri	31
Vita di Cholino	Rosina del Bosco Chiaro/Giovannino	17
Vite de Colei	Thea of Jaravellir	17
<b>W</b>		
War Bransle		7
Washer Woman's Bransle		7
Whirlygig		54
Woodcock	Felice Debbage:	55

## Inns of Court Cheat Sheet for Ball

(repeat each dance as needed)

**Quadran** Set LR, D forward, Set RL, D back

### **Turkelone**

Set LR D forward D back (2x)

D forward, D back (4x)

### **Earl of Essex**

D forward S back (4x)

Set LR, D forward, D back

### **Tinternell**

D forward, D back

take R hands-Circle clockwise SS D

L hands-Circle counterclockwise SS D

D forward, D back (3x)

take R hands-Circle clockwise SS D

L hands-Circle counterclockwise SS D

### **Old**

DDDD, take both hands

Circling clockwise, SS D

Circling counterclockwise, SS D

### **Queens**

DDDD, D forward, D back

Face, set and turn left

D forward, D back

Face, set and turn right

### **Madam Sosilia**

SS D, S backwards (2x), face

Set LR, Rv, SS D to switch, Rv, SS

Embrace

Set LR, Rv, SS D to switch, Rv, SS

Embrace

**Black** (as commonly done)